



DI AVERUM
d.HOLIDAY

Travel guide

Let us help you plan your holiday!

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clinics and locations around
the world at www.d.holiday



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Empowering you to travel

Travel isn't just about going on holiday – it's about feeling free enough to keep living life the way you and your loved ones want to. At Diaverum, we truly believe that mobility and meaningful moments together are a big part of living a fulfilling life, even when dialysis is part of the daily routine.

That's why we created d.HOLIDAY: to support you and your family at every step, from the first idea of a trip to the moment you're safely back home. Our teams in 24 countries are here to inspire you while you plan, provide practical information, and assist with the medical documentation process – so you can travel with peace of mind and receive safe, high-quality dialysis care in our clinics.

Whether you're dreaming of a beach break, visiting friends and family, or travelling for work, we want you to feel you don't have to choose between dialysis and the joy of being away together. We'll do our best to take care of the details, so you can focus on the experience.

With this fifth edition of our d.HOLIDAY Travel Guide, I hope you'll discover new destinations, read inspiring stories from other patients and families who have travelled, and find useful tips to help make your own trip possible. Most of all, I hope it encourages you to start planning your next adventure – together with us.

Elenor Mårtensson

Global Customer Manager



d.HOLIDAY Newsletter: feel inspired to travel

Travelling while on dialysis can present challenges, but it shouldn't hold you back from your adventures. Our d.HOLIDAY Newsletter is designed to inspire and empower you.

Get inspired

Discover some of the world's most popular holiday destinations across 24 countries and four continents, where Daaverum clinics are conveniently located. Our digital booking platform simplifies holiday dialysis bookings, making it easier than ever to plan your next getaway. Let our newsletter inspire you to explore new places and cultures.

Learn more

Our newsletter includes information on CKD-friendly activities in each destination, ensuring you can enjoy your trip while meeting your dialysis needs. In addition, you'll receive guidance on essential medical documentation, nutrition tips, dialysis-friendly recipes, and advice on staying active while travelling.

Stay informed

Stay up-to-date with new locations, clinics, and services. Our newsletter provides the latest news and information to help you plan the perfect trip.



Whether you're looking for destination specials or useful tips, we've got you covered. Let us help you make the most of your travels. Scan the QR code to subscribe today!

d.HOLIDAY Fly Back Programme: we bring you back home when it matters the most



Being on a kidney transplant list shouldn't keep you from travelling and living a fulfilling life

Our d.HOLIDAY Fly Back Programme addresses a key concern for many eligible kidney transplantation patients that can severely curtail their mobility and freedom of movement – that is, what should happen if they get the call from their transplantation coordinator whilst being away from their normal base of treatment?

The programme facilitates travel arrangements for holiday patients who receive their transplant call while travelling. It funds the fastest travel options from the holiday destination

all the way to the transplant hospital*, aiming to get you back home safely in time for your procedure.

Diaverum's d.HOLIDAY Fly Back Programme enables you to plan trips with confidence, knowing you can return home quickly for your transplant, free of charge.

To be eligible for the d.HOLIDAY Fly Back Programme, these three criteria apply:

- be confirmed to receive/be receiving/ have completed holiday treatment in a Diaverum clinic through the

d.HOLIDAY programme at the time (applicable to Diaverum and non-Diaverum patients); or originate from a Diaverum clinic and be confirmed to receive/be receiving/ have completed holiday treatment in a non-Diaverum clinic (applicable to Diaverum patients only),

- alert Diaverum and the holiday clinic that you are active on a transplant list while booking your treatment,
- travel within the covered countries and territories as set out in the Terms of Use.

d.HOLIDAY *FLY BACK* programme



Scan the QR code to learn more

*Terms and conditions apply. For more information, visit www.d.holiday or contact us on holiday@diaverum.com

Greece

08 Athens
09 Chalkida

A country of legendary myths and rich history, invites you to explore its ancient ruins, sun-drenched beaches, and vibrant food culture. Athens, the bustling capital, serves as a gateway to this timeless escape. Here, the Acropolis stands as a testament to a bygone era, while busy cafes, in every corner, offer a glimpse into modern Greek life. Venture beyond the mainland and discover a network of islands, many of which are just a short ferry ride away. Whether you seek historical wonders, beautiful beaches or charming villages, Greece promises an authentic and unforgettable travel experience.



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Athens



The capital of Greece is a city that seamlessly blends ancient history with modern charm. It's a place where you can wander through the ruins of the Acropolis, one of the most important archaeological sites in the world, and then grab a delicious "souvlaki" (grilled meat on a skewer) at a trendy restaurant in the evening.

★ **Don't miss:**

- **The Acropolis** – this UNESCO World Heritage Site is the crown jewel of Athens. The Acropolis is a hilltop citadel that is home to several important ancient buildings, including the Parthenon, the Temple of Erechtheion, and the Propylaea, dating back to the 5th century BC;
- **The Plaka** – this charming neighbourhood is located below the Acropolis hill, and is known for its narrow streets, traditional shops & lively tavernas. It's a wonderful spot to wander around and soak up the atmosphere of the Old Town of Athens;
- **The National Archaeological Museum** – this museum is home to a vast collection of artifacts from

all over Greece, from prehistoric times to the Roman period. It's a great place to learn more about the history and culture of Greece.



📍 **Name of clinic:** Diaverum Peristeri (Medifil)

Date opened: 2007

Number of dialysis stations: 45

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes

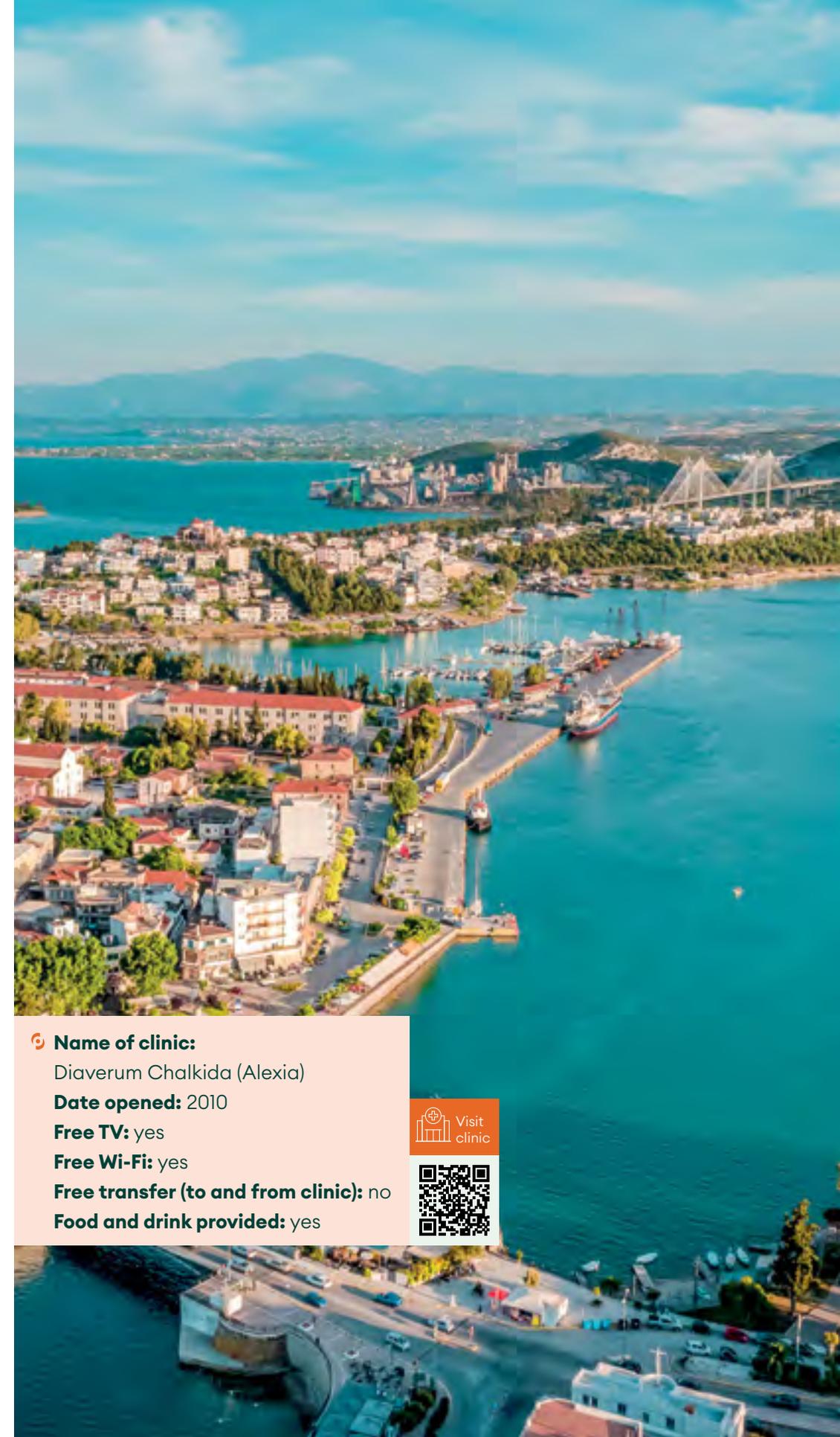


Chalkida

Located just 70 km from Athens, **Chalkida**, the main city on the island of Euboea (Evia), seamlessly blends a rich historical background with stunning views of the Gulf and the mainland. Its vibrant waterfront enhances its charm, offering a perfect mix of history and scenic beauty. With a mild climate, lush landscapes, and warm hospitality, Chalkida is an ideal destination for relaxation and rejuvenation.

★ **Don't miss:**

- **Unique Tidal Phenomenon** – experience the “Crazy Waters” of the Euripus Strait, a fascinating natural phenomenon where the currents change direction 4-6 times daily;
- **Karababa Castle** – visit the historic, Ottoman castle, overlooking the straits of Euripos and the town of Chalkis;
- **Eretria** – explore this enchanting small town, which combines ancient ruins, stunning beaches, and a delightful seafront promenade;
- **Loutra Edipsou** – enjoy the soothing thermal springs, known for their healing properties since ancient times;
- **Archaeological Museum of Chalkida** – find ancient artifacts from prehistoric to Byzantine times, showcasing the rich history of the region;
- **Kokkino Spiti (red house)** – admire this unique neoclassical mansion along the waterfront, known for its vibrant red colour and architectural charm;
- **Local Festivals and Events** – experience Chalkida’s lively atmosphere during events like the Carnival Parade and the Feast of Agios Paraskevi, featuring music, dance, and local traditions;
- **Vourkou Park** – relax in this beautiful park by the sea, perfect for a peaceful stroll or a family picnic;
- **Local Cuisine and Taverns** – savour fresh seafood, appetising meze, and delicious sweets at Chalkida’s seaside taverns;
- **Walking Tour of the Old Town** – wander through narrow streets, traditional shops, and vibrant markets.



Name of clinic:

Diaverum Chalkida (Alexia)

Date opened: 2010

Free TV: yes

Free Wi-Fi: yes

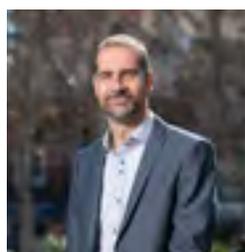
Free transfer (to and from clinic): no

Food and drink provided: yes



Travelling on dialysis

For Daniel Gallego, President of the European Kidney Patients' Federation (EKPF), travel is far more than a holiday. As both a patient advocate and a dialysis patient, he knows how powerful it is to feel that life can continue beyond the treatment room – with freedom, dignity and connection. “Dialysis structures your whole week – when you can work, rest, socialise and travel,” he explains. It demands planning, discipline and resilience, but it also brings a sharpened sense of what truly matters: energy on a good day, meaningful conversations and the ability to move freely when you can.



Daniel Gallego,
President of
the European
Kidney Patients'
Federation

Why mobility matters for people on dialysis

For many people living with chronic kidney disease, the possibility of travelling is closely linked to quality of life. It allows patients to visit family, maintain relationships, take part in cultural and social life, study or work in other places – and simply to enjoy a change of scenery.

Travel is also a powerful antidote to isolation. Rather than feeling defined by their treatment schedule, patients who are able to travel can reconnect with who they were before dialysis, and who they still are beyond their diagnosis.

Yet the wish to travel is often accompanied by fear: concerns about safety, unfamiliar clinics, medical documentation, insurance and the emotional stress of being far from home.

Daniel believes that for travel on dialysis to feel truly safe and realistic, three things must work well: coordination, communication and continuity of care. Patients need reliable information about dialysis centres, secure transfer of medical records, predictable scheduling and staff who are used to supporting holiday dialysis. When these elements are in place, the focus can shift from logistics to experience.

d.HOLIDAY and Fly Back – turning possibility into reality

Having followed Diaverum's d.HOLIDAY programme over the years, Daniel sees it as a concrete example of patient-centred care in action. Creating an organised international

network for holiday dialysis helps remove barriers that might otherwise keep patients at home. For many, it is the point at which they realise: yes, travelling on dialysis is actually possible.

He has also witnessed the evolution of the d.HOLIDAY Fly Back Programme, from an ambitious idea to a growing safety net for patients listed for transplantation. For those waiting for “the call”, the fear of being away from home can be huge. Knowing that there is a structured way to get back quickly and safely makes it easier to say yes to travel.

“I remember when Fly Back was just an idea – a very ambitious one. Seeing it launched and now expanded feels like watching a seed grow into a tree that gives shelter to kidney patients.”

For patients awaiting transplantation, Fly Back provides something priceless: reassurance.

“Hope and peace of mind,” Daniel says. “Patients on the waiting list often feel afraid to travel. Fly Back tells them: You can go. Live your life. If the call comes, we will get you back safely.”

A message of encouragement – and a hopeful future

To any dialysis patient wondering whether travelling is “worth the effort”, Daniel's advice is to start small. A shorter trip or a nearby destination can be a gentle first step that builds confidence. The planning may be demanding, but the reward – joy, memories, a renewed sense of independence – often lasts long after the journey ends.

Looking ahead, he is optimistic. Digital tools, stronger international networks, closer collaboration between providers and patient organisations, and a growing recognition that quality of life is a central outcome, not a luxury, are all moving in the same direction. Step by step, travelling on dialysis in Europe is becoming less of an exception and more of a natural part of living well with kidney disease.

At the heart of this progress lies one simple principle: listening to patients. Their experiences, challenges and dreams are the compass that should guide every new solution – and every journey.

Spain

- 12 Costa del Sol
- 13 Balearic Islands
- 14 Costa Blanca
- 17 Costa del Maresme and Barcelona

Spain has been made the rich and varied country it is today by the contribution of several cultures and civilisations. Get to know its customs, gastronomy and endless sandy beaches. All of this will keep you coming back, to enjoy the country again and again.



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Costa del Sol

The **Costa del Sol** is one of the most popular tourist destinations in the world. With a wide range of facilities and attractions, there is something for everyone, of all tastes, ages and nationalities, to enjoy.

Miles of sandy beaches, fantastic year-round warmth and modern facilities keep tourists flocking back year after year to Torremolinos, Benalmádena, Fuengirola, Marbella and Estepona and, on the east side of Málaga, to Rincón de la Victoria, Torre del Mar and Vélez-Málaga. This area combines beautiful coastlines, with white-washed villages and some of the most spectacular inland scenery of the region.

The cuisine of the Costa del Sol is equally memorable, due to its diversity and character. Being by the Mediterranean Sea, you can expect to savour fish freshly caught that day, combined with fresh ingredients from the “campo” (countryside).

★ **Don't miss:**

- **Larios Street;**
- **Plaza de la Merced;**
- **Teatro Romano;**
- **Málaga Cathedral;**
- **Chinitas Passage;**
- **Seaport;**
- **Picasso and Thyssen Museums;**
- **Castillo de Gibralfaro**, built to house troops and protect the Alcazaba, it is of the most visited monuments in Málaga;
- Take the number 35 bus from the **Paseo del Parque** and, from the castle, enjoy breathtaking views of the city and **Málaga Bay**.

Name of clinic: Diaverum Torremolinos
Date opened: 1978
Number of dialysis stations: 30
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Name of clinic: Diaverum Axarquía
Date opened: 1998
Number of dialysis stations: 30
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes





Balearic Islands

The Balearic Islands are an archipelago set like jewels in the Mediterranean Sea, just off the Spanish mainland.

The landscape is varied and beautiful; from stunning mountains to sandy beaches that run alongside calm, crystalline waters. Blessed with a year-round, mild climate, the Islands are home to many sites of great historical and cultural interest. Alongside their delightful people, interesting customs and gastronomy, several of the islands, including the largest, Mallorca, offer world-class tourism.

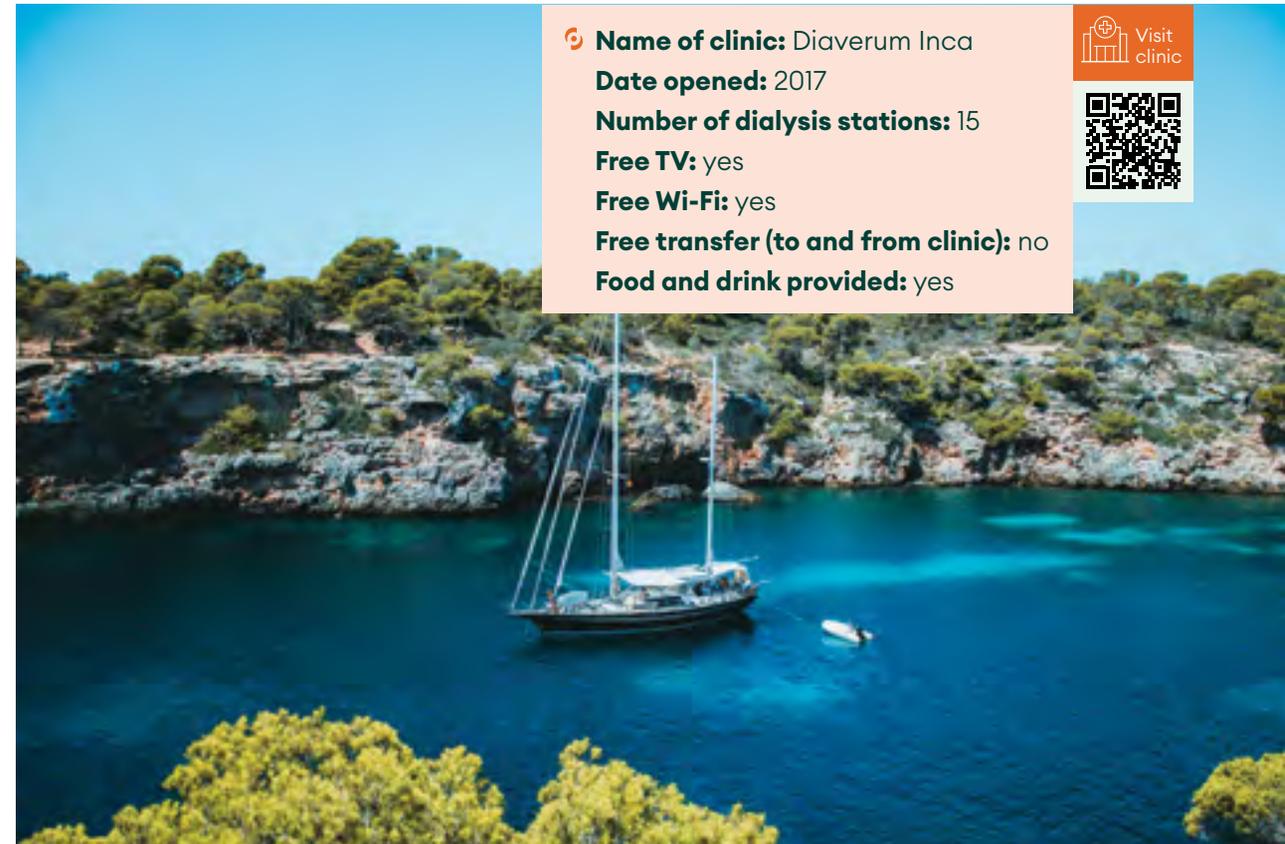
★ **Don't miss:**

The capital of Mallorca (the largest of the Islands), Palma, is a must. Some of its many highlights include:

- **The Royal Palace of l'Almudaina** and the **Cathedral of Mallorca**;

- **Plaza Mayor** and its popular shopping streets are a great spot for sampling local specialties and picking up souvenirs;
- **Juan March Foundation Museum**, installed in a beautiful building complete with a traditional Mallorcan courtyard;
- **Bellver Castle**, where you can enjoy the best sunsets in Spain, overlooking the **Bay of Palma**;
- **Illetas** – a small, upmarket resort to the west of Palma;
- **Portals Nous** – a pretty resort with a yacht marina, good choice of restaurants, bars and a marvellous sandy beach;
- **Paquera** – a small town with a magnificent beach, sheltered bay and very good selection of shops, bars and restaurants.

 **Name of clinic:** Diaverum Palma
Date opened: 2017
Number of dialysis stations: 22
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



 **Name of clinic:** Diaverum Inca
Date opened: 2017
Number of dialysis stations: 15
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Costa Blanca

The Costa Blanca (White Coast), is one of Spain's most popular tourist destinations, extending 200 km along the Mediterranean Coast. From Benidorm, the wildly popular seaside resort, to the bustling, cosmopolitan city of Alicante, there is a resort to suit every taste. If you prefer a more peaceful setting, the California of Europe, as this area is called, is decorated with elegant villas, orchards and almond groves. It gets its name from the large number of people who have moved here from other countries to enjoy the Costa Blanca's fantastic climate and holiday feel, all year round.



Name of clinic: Diaverum Alicante
Date opened: 2019
Number of dialysis stations: 30
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Name of clinic: Diaverum Gandía
Date opened: 2018
Number of dialysis stations: 30
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



★ Don't miss:

Alicante



- **Island of Tabarca** – home to a picturesque little town of whitewashed houses and historical churches, this is a must-visit destination;
- **Castillo de Santa Bárbara** – built sometime around the 9th century and immaculately preserved;
- **El Barrio** – or the Old Town, the historical heart of Alicante. Known for its winding cobbled streets and apartments adorned with flowers;
- **La Explanada de España** – Alicante's main and most beautiful promenade, made of 6.6 million red, cream and black tiles;
- Overflowing with botanical life, waterfalls and the many palm trees from where it gets its name, **Parque el Palmeral** is a little slice of Eden just outside Alicante city centre.



- **The Collegiate Basilica of Santa Maria of Gandía**, also known as La Seu, is the principal church of the city, built in the 14th century;
- **The Ducal Palace of Gandía** – from the 14th century, this is the residence of the Royal Dukes of Gandía, and from 1485, the Borja family where Saint Francis Borja was born;
- **Convent of Santa Clara;**
- **The Monastery of Sant Jeroni de Cotalba;**
- **Beaches of Gandía** – are high quality, and several have been awarded certificates including the famous Blue Flag: **Playa Norte, Playa de l'Ahuir, Playa de Venecia, Playa Rafalcaid;**
- Being one of the largest cities around, **Gandía**, about 100 km from Alicante, attracts many tourists for shopping, but it is also an interesting place for sightseeing.

Country Spain

Destination Costa Blanca

Area Alicante and València

València

València faces the Balearic Islands and is equidistant from the country's two major epicentres, Madrid and Barcelona.

The beaches in València, situated to the north of the port, are of very high quality. They provide excellent facilities and water sports equipment is available to hire.

Valencian paella, made with rice, chicken, rabbit and vegetables, is the typical local dish.

The region's wine production is notable and the Valencian landscape has over 75,000 hectares of vineyards. The province of València has an enviably mild climate, which makes it a year-round destination.

★ **Don't miss:**

- **The City of Arts and Sciences;**
- **L'Oceanogràfic** – the star of the City of the Arts and Sciences, this oceanarium opened in 2003. With 45,000 individual animals from 500 different species, you won't find another attraction of this scale in Europe;
- **La Lonja de la Seda** – a majestic late 15th century building, that has been designated a UNESCO World Heritage Site as a masterpiece of Valencian Gothic architecture;
- **Valencia Cathedral** – Gothic cathedral dating to the 13th and 14th centuries;
- **Historic Centre** – all of the must-see sights in this part of the city are just a couple of minutes away from each other;
- **Barrio del Carmen** – located in the north east side of the Old Town it is the youngest and most bohemian part of the city;
- **Turia Garden** – this park brings you fresh air and relaxation right in the middle of the city;
- **Playa de la Malvarrosa** – awarded the Blue Flag for all the amenities it provides.



Country Spain **Destination** Maresme and Barcelona
Area Costa del Maresme and Barcelona

Costa del Maresme and Barcelona

The Costa del Maresme in Catalonia, runs all the way from Barcelona to Blanes, almost 50 km in total. Along the coast, you will find a large number of resorts as well as many different sights and attractions. Costa Maresme is also a famous wine-growing region, with plenty of vineyards dotted around the area.

Catalonia is known for its fine beaches and old, cobbled villages. Some locations like **Barcelona**, the capital of Catalonia and Spain's second largest city is very busy and hectic, with a great city vibe. It offers the best of both worlds, perfect for those wishing to combine a city break with time by the beach.

It is famous for ground-breaking art, architecture and avant-garde chefs. Think Picasso, think Gaudi, think Ferran Adrià, each pushing the boundaries in their field.

Barcelona has an impressive and proud history, dating back to its Roman

origins; its rich cultural and artistic heritage easily combines with its avant-garde side.

The cuisine of Barcelona is a dynamic mix of traditional and modern experimental dishes, with influences from many different cultures that have lived in the city over the centuries: Italian, French, Greek, Provençal, Arab and Jewish. Gastronomy has become one of the key influences on the Catalanian economy over the past few years, with some of the world's best restaurants and top chefs, such as Ferran Adrià, Fermí Puig, Carles Gaig and Carme Ruscalleda.

In keeping with its geographical diversity, the province of Barcelona has numerous climates and microclimates. In general, the area enjoys a mild, temperate and Mediterranean type climate, characterised by hot, dry summers and mild winters.



	Visit clinic		Visit clinic
<p>Name of clinic: Diaverum IHB Date opened: 2000 Number of dialysis stations: 44 Free TV: yes Free Wi-Fi: yes Free transfer (to and from clinic): no Food and drink provided: yes</p>		<p>Name of clinic: Diaverum Maresme Date opened: 2012 Number of dialysis stations: 30 Free TV: yes Free Wi-Fi: yes Free transfer (to and from clinic): no Food and drink provided: yes</p>	

Country Spain **Destination** Maresme and Barcelona
Area Costa del Maresme and Barcelona

★ **Don't miss:**

- **The Gothic Quarter** (Barri Gòtic) and its astonishing Cathedral;
- From the Gothic Quarter you can go towards **Catalonia Square** through the lively and commercial street, **Portal de l'Angel**;
- Another must-see is **Las Ramblas**, a lovely promenade where you can find the market **Mercat de la Boqueria**;
- From la Boqueria, visit **El Raval**, a multicultural and lively neighbourhood with numerous theatres, small shops and restaurants. After exploring El Raval, you can go back to Las Ramblas down **Carrer de Sant Pau**;
- And finally, don't miss visiting **Gaudi's Sagrada Família Basilica** in the Eixample district, currently the largest unfinished Catholic church in the world.



Meet Diaverum Saudi Arabia's d.HOLIDAY coordinator

Walaa Al Sabbagh is the Head of Business Support and the d.HOLIDAY Programme at Diaverum Saudi Arabia. Here, Walaa shares what patient-centric care truly means in practice, why continuity of treatment matters so deeply, and the joy of supporting patients to travel with confidence.



Walaa Al Sabbagh,
Head of Business Support and the d.HOLIDAY Programme

careers, and ambitions. The d.HOLIDAY programme allows them to continue working, studying, creating, and travelling, rather than putting life on hold. Over the years, I have supported patients across the world, enabling lifestyles that remain dynamic and purpose-driven.

Being part of Diaverum for over 12 years and leading the d.HOLIDAY programme since 2020; I continue to find myself motivated every single day. My involvement in the d.HOLIDAY programme brings me genuine happiness and deep personal fulfilment when supporting our patients – helping them enjoy their holidays with comfort, reassurance and peace of mind, knowing their treatment is safely taken care of.

Everyone deserves a fulfilling life

Many of the patients in Saudi Arabia are young and highly active, with full lives,

One story that stands out is that of a young patient whom I supported for four years. Determined to keep moving forward, they wanted to improve their English in order to build their own company. To support this goal, I worked with multiple stakeholders, including the Ministry of Health, to secure a special exception for extended holiday dialysis. This enabled the patient to complete a study programme in London while continuing treatment safely. They returned empowered and confident, ready to take the next step in their professional journey.

Another story that remains close to my heart is that of a patient in their early sixties whose lifelong dream was to travel on a cruise. Through the d.HOLIDAY programme, I coordinated their dialysis across six European destinations, allowing them to experience the journey fully while receiving uninterrupted care at every stop.

Together, these stories reflect what d.HOLIDAY truly enables: continuity of life, independence, and ambition. It allows patients to keep living fully, knowing that their care will support them wherever their goals take them.

Continuity of care

When a patient plans to travel to or from Saudi Arabia for dialysis, my role is to ensure the process is seamless, safe, and reassuring from start to finish.

For patients travelling from Saudi Arabia, the journey usually begins at the clinic, where the request is raised with our social care team and then shared with me. I review the patient's destination and identify the most appropriate Diaverum clinic or trusted partner, coordinating across different healthcare systems, languages, and documentation requirements.

My priority is always to secure a high-quality and convenient option,

even if this means arranging care in the nearest available city when the main destination has limited availability.

For patients travelling to Saudi Arabia, I review booking requests received through various channels and contact the patient directly to collect the required medical information. I work closely with the receiving clinic to confirm suitability and availability, and once approved, I share the full details with the patient, including treatment dates, times, and location.

While this work involves coordinating multiple stakeholders across countries, for me it goes beyond logistics.

It is about providing reassurance and continuity of care, so patients can focus on their journey, knowing their treatment is in safe hands wherever they are.

The most common questions patients ask usually come from a place of concern and a need for reassurance. Many want to know whether the clinic arranged for them will offer the same quality and standard of care they are used to at home. These questions reflect how much patients rely on us for clarity and trust, and I always make it a priority to provide clear, honest information so they feel confident throughout their journey.

Welcoming patients from around the world

To any dialysis patient considering Saudi Arabia for their next holiday and feeling unsure, I would encourage them to plan their trip with confidence and peace of mind. At Diaverum Saudi Arabia, patients can expect high standards of medical care, well-prepared clinics, and experienced teams who are familiar with supporting visiting patients.

Beyond clinical excellence, what many patients value most is the sense of hospitality and genuine care they experience. **Visiting patients are not treated simply as patients, but as guests – welcomed with kindness,**

respect, and personal attention from the moment they arrive. Our teams take time to guide, support, and check in, ensuring that patients feel comfortable, understood, and at ease.

Visiting Saudi Arabia

One of the hidden gems I often recommend to visiting patients and their families is Al-Balad in Jeddah – the city's historic old town, known for its narrow streets, traditional architecture, and colourful markets. As a UNESCO World Heritage site, Al-Balad offers visitors an authentic glimpse into Saudi heritage and can be explored comfortably at a relaxed pace.



Italy

- 21 Bari
- 22 Copertino
- 23 Rome
- 24 Catania
- 25 Marsala

The land of art, good food and sunshine, Italy has something to offer everyone, from the sea to the mountains, from cities full of incredible art to unspoilt countryside. Nestled within the capital city of Rome, is the autonomous city state of the Vatican. Other major cities include Florence, famous for Michelangelo's "David", and Venice, with its romantic network of canals. Whether you are seeking art galleries and excellent cuisine, or a tranquil escape – you will not be disappointed.



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Country Italy

Destination Bari

Bari

Bari, a typical maritime and market city, is the capital of the Apulia region and the second biggest city in the south of Italy.

The port has a beautiful seafront and the wonderful ancient area of “Bari Vecchia”, where you can walk among narrow, stone-lined streets decorated with fading pastels and white, wrought-iron balconies and, of course, those beautiful shuttered windows.

★ **Don't miss:**

- **The Basilica of San Nicola**, in the heart of the old city of Bari, is one of the most significant examples of Apulian Romanesque architecture;
- **The Petruzzelli Theatre** is the largest theatre in Bari and the fourth largest in Italy, in the heart of the Apulian capital;
- **Polignano a Mare** – a medieval village, perched on the high and jagged coast, retains its original charm, with a succession of alleyways and typical white houses & loggias overlooking the sea. On the elegant promenade, the statue of Domenico Modugno, one of Italy's most famous singers known as “Mister Volare”, embraces the old city.



📍 **Name of clinic:** Diaverum Bari
Date opened: 1998
Number of dialysis stations: 23
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: yes



Copertino

Rich in history and tradition, **Copertino** enchants all those who are lucky to visit, with its villages, parties, cuisine, beaches and entertainment. A former fiefdom of various foreign families, including the Enghien, the town has one of the best-preserved castles in Salento. The city is also home to the famous Basilica Madonna della Neve.

★ **Don't miss:**

- **Lecce** – capital of the eponymous province and cultural hub of Salento, Lecce is one of the most beautiful cities in Southern Italy. Known as “the Florence of the South,” Lecce will

amaze and fascinate its visitors. Its ancient Messapian origins and archaeological Roman remains mix with the richness of 17th century Baroque churches and palaces in the city centre;

- **Gallipoli** – also known as Città Bella (the Beautiful City), Gallipoli is a seaside city lying like a mirage on the Ionian Coast;
- **The Grotta della Poesia in Roca**, between San Foca and Torre dell’Orso, is an area characterised by cliffs and small, inviting inlets. Considered one of the most beautiful natural pools in Italy, this cave is full of charm and mystery.

 **Name of clinic:** Diaverum Copertino
Date opened: 1996
Number of dialysis stations: 22
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: yes





Rome

Rome, the capital of Italy, is considered one of the most beautiful cities in the world. Its unparalleled history, the Holy See (the Vatican) and the Basilica of San Paolo Fuori le Mura are among the 55 Italian sites included by UNESCO in the World Heritage List. Stroll through the city and discover ancient icons such as the Colosseum, Pantheon, St Peter's Basilica, medieval piazzas, Byzantine mosaics, a passion for good cuisine and a vibrant Roman experience.

★ **Don't miss:**

- **Il Colosseo** – the Flavian Amphitheatre, more commonly known as the Colosseum, rises in the archaeological heart of the city of

Rome and welcomes a large number of visitors every day attracted by its history and complex architecture. It is perhaps the most symbolic structure of Italy;

- **Piazza di Spagna** is in one of the most interesting areas of Rome: Via dei Condotti (a famous shopping street), Via Frattina and Via del Babuino (a street with 17th and 18th century buildings) are just some of those worth seeing surrounding the square;
- **Piazza San Pietro** – the most important square in Christianity. Much of its architectural charm is due to the intervention of Italian sculptor and architect Gian Lorenzo Bernini, who created the large 240 m



wide ellipse surrounded by the splendid four-row colonnade consisting of 284 columns and 88 pillars;

- **Fontana di Trevi** – one of the symbols of Rome, and the largest Baroque fountain in the city. Anyone visiting must see this beautiful monument.

📍 **Name of clinic:**

Diaverum Rome

Date opened: 2002

Number of dialysis stations: 24

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes



Catania



An ancient port on the island of Sicily, **Catania** sits below Mount Etna, one of the tallest, active volcanoes in Europe, and the tallest peak in Italy, south of the Alps. Overlooking the Ionian Sea, Catania is a splendid city of art, a jewel of Sicilian Baroque, together with the other eight towns of the Val di Noto.

★ **Don't miss:**

- **Via Etna in Catania**, the most important street in the historic city centre, gets its name from Mount Etna. It stretches uphill for more than 2.5 km, following a straight path from Piazza Duomo towards the volcano;
- **Acireale** – in the province of Catania, Acireale is a picturesque and panoramic town at the foot of Mount Etna, nestled on lava soil, in the midst of extensive citrus groves. Rich in history, Acireale has wonderful Baroque monuments, a lively shopping centre, and is also a spa station;
- **Mount Etna** – a 3,329 metres high active volcano offering a scenic train ride, two ski areas and a cable car to the crater;

- **Syracuse** – a city on the Ionian coast of Sicily, known for its historic ruins. The central Archaeological Park of Neapolis encloses the Roman amphitheatre, the Greek Theatre and the Ear of Dionysus, named as such by the painter Michelangelo da Caravaggio, thanks to its ear-like shape. It is also said that people's voices can echo up to 16 times there;
- **Taormina** – with its medieval village appearance, ancient Greek soul, and colours & scents of Mediterranean vegetation, Taormina is one of the most beautiful places to visit in the world. What's more, the climate of Sicily makes it an ideal destination at any time of the year.



- **Name of clinic:** Catania Dial
- **Date opened:** 1997
- **Number of dialysis stations:** 16
- **Free TV:** yes
- **Free Wi-Fi:** yes
- **Free transfer (to and from clinic):** no
- **Food and drink provided:** yes

Marsala



On the extreme west of Sicily, **Marsala** is famous for the “Expedition of the Thousand”, an event of the Italian Risorgimento that took place in 1860 and was led by General Giuseppe Garibaldi. Known as the city of wine, Marsala offers easy access to the Phoenician island of Mozia.

★ **Don't miss:**

- **Erice** – perched on top of the mountain of the same name, the medieval village of Erice, at 750 metres, Erice enjoys an exceptional panoramic view over the Gulf of Trapani, the Egadi Islands on one side

and the Valderice Valley on the other. Small and authentic, Erice is a maze of cobbled streets that flow between churches, squares and ancient courtyards;

- **Trapani and Egadi islands** – Trapani, with its sickle shape, enjoys an enviable geographical position between two seas. It lies at the foot of Mount Erice, near Selinunte, facing the splendid Egadi Islands and the famous Saline. Over the years, the city has developed a thriving economy linked to the extraction and trade of salt, bluefin tuna fish and the export of marble. The cultural hub of the entire

province, Trapani houses one of the oldest gymnasiums in Sicily, libraries and a large number of interesting museums;

- **Archaeological Park of Selinunte** – the largest archaeological area in Europe, the Selinunte Park has myth, legend, history, culture and more. A treasure trove from thousands of years ago, yet still so alive, its 270 hectares tell the story of one of the most flourishing classical civilisations of the Mediterranean. Its rich history attracts not only tourists and the curious, but researchers and scholars from across the world.

📍 **Name of clinic:** Diaverum Marsala
Date opened: 1979
Number of dialysis stations: 15
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Nutrition advice for your trip

When we go on holiday, we often relax our daily routines, but it's important for dialysis patients not to completely forget their diet. Here are some tips to help you plan ahead, ensuring you can enjoy local cuisine while staying healthy during your travels.



Vítor Sá Martins,
Nutrition Manager, Diaverum Portugal

When we go on holiday, we relax our daily routine, and we may well eat most of our meals in cafés or restaurants. Another important part of travelling is enjoying and tasting local cuisine, as well as exploring new gastronomic traditions.

In most cases, as long as you consult with your healthcare team, follow their nutrition recommendations and make any necessary adjustments to meals, you will be able to enjoy and share new food experiences with your fellow travellers. Here are some tips to help you plan ahead:

- **keep to your normal eating schedule and do not skip meals:** eating regular meals will help you maintain your normal metabolism, make the best food choices and select the right portion sizes. With a new routine on holiday, it is easy to skip a meal. When you're hungry, it can be hard to control what you eat and you may end up making food choices that are not right for you;

- **do your homework before travelling: find out about local, typical dishes and food traditions at your destination.** You can then assess in advance which foods are best for you and make the right decisions about what to eat. Before you go, you can always ask for help and advice from your home clinic team;
- **do not be afraid to ask questions in restaurants:** most restaurants will be delighted to advise you if you explain your situation to them. Why not have a chat with the waiter about how the dish is cooked, any details you need about ingredients, portion sizes, salt content, etc.? They will usually be very happy to adapt dishes to suit your needs, if they understand what these are;
- **remember your usual rules:** in the thrill of travelling, it is easy to be more relaxed about our routines. That is part of the fun, but for your safety, it is important not to forget everything!

As a renal patient, you might need to control thirst and avoid drinking too much, becoming overloaded with fluid. You can make this easier by controlling your salt intake and not eating too much spicy food. Controlling your body temperature is also important for fluid balance – avoid hot places and excessive sun exposure, but remember that very dry places & air conditioning can make you thirsty too;

- **keep your mouth clean, as good oral hygiene will make you less thirsty.** And remember which foods with high phosphate and potassium content are not recommended by your clinical team & avoid these during your trip;
- **go to local markets and shops:** these can be very interesting places to learn about local culture and food choices, as well as good places to choose and buy the right snacks for your trip. Lastly, remember that even when on holiday, a good walk or other exercise is an important part of feeling good and staying healthy.

Kidney-friendly recipes

Tuna and Carrot Nuggets

Ingredients (7 nuggets):

- 1 egg (65 g)
- 1 can of tuna in water (85 g)
- 30 g mozzarella cheese
- ½ grated carrot (50 g)
- 100 g quark cheese
- 1 teaspoon honey (7 g)
- Oregano, to taste

Preparation:

1. Mix all the ingredients together.
2. Shape into nuggets and bake at 180°C for 10–15 minutes (on a baking tray lined with parchment paper).
3. Mix the sauce ingredients (quark cheese, honey, and oregano).

Nutritional information (per nugget):

50 kcal, 6 g protein, 2 g fat, 3 g carbohydrates, 73 mg sodium, 129 mg potassium, 87 g phosphorus

Allergen information

eggs • fish • milk



Quick fact:
Quark cheese is a source of probiotics, which may help improve gut health.

Red Berry “Cheesecake” in a Jar

Ingredients (per serving):

- 2 tablespoons Nestum® honey flakes (20 g)
- 4 tablespoons light natural Greek yogurt (60 g)
- 1 teaspoon vanilla essence (2 g)
- 1 dessert spoon strawberry or mixed berry jam (10 g)

Preparation:

1. Place 1 tablespoon of Nestum® flakes at the bottom of the jar.
2. In a bowl, mix the Greek yogurt with the vanilla essence.
3. Add half of the mixture on top of the Nestum® layer and repeat the process.
4. Finish with 1 dessert spoon of jam on top.

Nutritional information (per serving):

115 kcal, 4 g protein, 4 g fat, 18 g carbohydrates, 21 mg sodium, 107 mg potassium, 71 g phosphorus

Allergen information

gluten • milk



Quick fact:

Light Greek yogurt contains beneficial probiotic bacteria, such as *Lactobacillus* and *Bifidobacterium*, which may help improve digestive health and strengthen the immune system.

Let's Travel Together

“Let's Travel Together” is an initiative which aims to arrange yearly group trips for Portugal-based dialysis patients and their caregivers within the country. The goal is to educate and give them confidence to travel, empowering them to live fulfilling lives. Read on to learn more about the initiative.



Marta Olim,
d.HOLIDAY Coordinator
for Diaverum Portugal

Living with chronic kidney disease and undergoing dialysis has a profound impact on the lives of patients. Most dialysis patients need to visit a clinic at least three times a week for 4-5 hours each time to receive their treatment, so being away from home can be a challenge. In 2023, we launched the “Let's Travel Together” initiative, to address this challenge, as part of Diaverum's holiday dialysis programme, d.HOLIDAY.

We created a package featuring a travel itinerary, complete with pre-booked hotels, organised transfers, and daily guided tours & activities. Accompanied by a certified nurse throughout the trip, patients can enjoy quality time with their families, offering much-needed respite from the day-to-day restrictions that managing chronic kidney disease can present.

“Let's Travel Together” is an initiative that transforms the lives of our patients by making travel a reality. Despite the complexities of dialysis treatment, we turn what seems like a distant dream into an achievable experience.

I am sincerely proud of this initiative, which stands as a testament to **Diaverum's culture of True care.** Our programme not only encourages dialysis patients to recognise that their

disease shouldn't hold them back from travelling but also provides them with the opportunity to enjoy a fully organised trip with their loved ones, ensuring continuity of care at their destination.

In the initiative's second edition in 2024, a group of 40 dialysis patients and their loved ones enjoyed a week of unforgettable moments in Águeda, a popular city in the centre of Portugal known for its cultural richness. During this time, their continuity of care was ably supported by the nearby Diaverum Águeda clinic. We hope to grow this programme year after year.

d.HOLIDAY makes it possible for all dialysis patients to enjoy Portugal, one of the world's most popular holiday destinations. Turn the page to learn more about our magnificent country.

Portugal

- 30 Lisbon
- 31 Cascais
- 32 Aveiro
- 33 Porto

A unique country with a powerful maritime heritage, Portugal's location beside the Atlantic Ocean influences much of its culture. The beaches of the Algarve are very popular with holidaymakers, while its hilly, coastal capital, Lisbon, is well known for its ornate architecture, traditional Fado music, fantastic cuisine and affectionate people, who are always happy and willing to welcome visitors.



Find out more about Diaverum's clinics and locations around the world at www.d.holiday



Lisbon

Lisbon is the stunning capital city of Portugal and one of the most charismatic & vibrant cities of Europe. Known as the City of Seven Hills (a Cidade das Sete Colinas), it is built on the edges of Rio Tejo. Over 4.5 millions visitors flock to the city every year to explore its historic ruins, winding old town and sample the famous Portuguese pastry, pastel de nata.

★ **Don't miss:**

- **Belém Tower** – this tower was used to defend the city. Years later, it was transformed into a lighthouse and customs house. Its floors lead to a roof terrace, each storey connected by a small and narrow spiral staircase;
- **Jerónimos Monastery** – listed as a National Monument, its elaborate carvings showcase the wealth that the age of exploration brought to the Portuguese Empire, that spanned almost six centuries and is one of the longest-lived empires in European history;
- **Bairro Alto and Chiado** – Chiado is an elegant and bohemian neighbourhood full of famous cafés, theatres and museums. Bairro Alto (or Upper District), is often the starting point for an evening out in this lively city, with many bars and restaurants to choose from.



📍 **Name of clinic:**

Diaverum Saldanha

Date opened: 2017

Number of dialysis stations: 48

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes



Country Portugal

Destination Cascais

Cascais

Possessing a rich natural heritage, where the blue of the ocean, present in its magnificent beaches, joins with the splendid green of the mountains, **Cascais** is an old fishing town, which does justice to its origins. It serves the fish and seafood that many consider the best in the world, which can be tasted in splendid outdoor terraces, and has a natural charm that invites you to walk through its historic streets, where the Portuguese royal family spent their summer holidays for many years. Be enchanted by this beautiful village and if you are a golf fan, enjoy the seven courses available to practice.

★ **Don't miss:**

- **Forte do Guincho** – built during the 1640s, it is a fort that formed part of a defensive belt along the Cascais coast;
- **Praia do Tamariz** – a beautiful, sandy beach once known as Elegant Beach, thanks to its popularity with the Portuguese high society;
- **Cidadela de Cascais** – a set of fortifications built between the 15th and 17th centuries to defend the Cascais coastline.

📍 **Name of clinic:** Estoril Clinic
Date opened: 2015
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: yes



Aveiro

Aveiro is one of Portugal's most popular tourist destinations, famous for its canals, Art Nouveau architecture and Fisherman's Quarter. Considered the Venice of Portugal, take the opportunity to discover the city by sailing through its channels in the typical colourfully painted moliceiro boats.

★ **Don't miss:**

- **Salinas de Aveiro** – on this tour you will see the beauty of the salt flats, the birds that live next to them and the salt workers, or “Marnotos”, who dedicate themselves to handcrafting sea salt;
- **Praia da Costa Nova** – famous for its colourful striped houses, it is a beach area nestled on a tiny strip of land between the sea and the lagoon;
- **Vista Alegre Factory** – one of the most prestigious porcelain brands in the world.



Name of clinic: Diaverum Aveiro
Date opened: 1982
Number of dialysis stations: 38
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



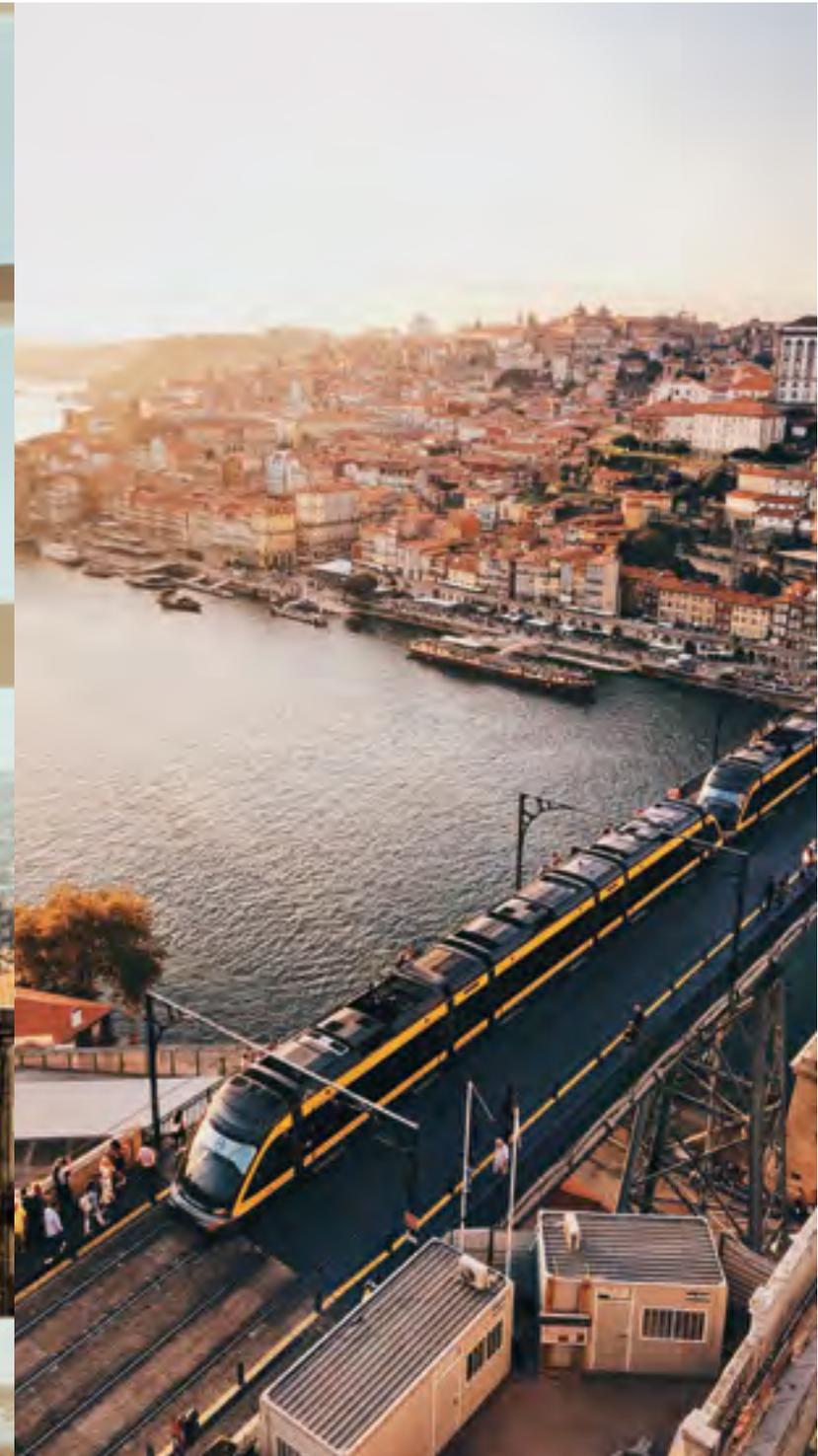
Porto

Known as the “Invicta”, or unbeatable city, **Porto** lies on the Douro River estuary and is famous for its cellars where port wine is made. Centuries ago, British merchant ships would cluster in Porto’s medieval harbour to ferry the region’s eponymous port wines back home.

Discover Porto from sky-high miradouros (lookouts) and roof terrace bars: a colourful tumbledown dream with soaring bell towers, extravagant baroque churches and stately beaux arts buildings.

★ **Don’t miss:**

- **Downtown Porto;**
- **Livraria Lello** – dating back to 1869, it is one of the oldest bookstores in Portugal, and is famous worldwide for its beautiful, ornate architecture;
- **Torre dos Clérigos** – the tallest campanile in Portugal, it stands 76 metres tall and climbing its 200 steps will give you a wonderful view over the city and river.



Name of clinic: Diaverum Boavista Porto
Date opened: 1984
Number of dialysis stations: 15
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Filipe's story

Filipe Almeida, Diaverum ambassador, dialysis patient and world traveller, shares his thoughts on the importance and joy of his lifestyle



Filipe Almeida,
renal care patient at Diaverum,
globetrotter, surfer and father of three

I started dialysis on 19 April 2017, and initially I didn't talk about it much. I was in denial, while also hoping, unsuccessfully, for a kidney donor.

However, ten days later, my son Guilherme was born, and I remember thinking: now, I choose to live for you. And I became interested in the disease and the dialysis process, deciding that the disease wouldn't be stronger than me, and understanding that dialysis isn't something bad. On the contrary, **I am so fortunate that the treatment exists, allowing me to continue my life with those I love, and doing what I enjoy.**

Working in tourism

Shortly before I started dialysis, I had opened a tourism company, and become self-employed. I'd invested a lot of money

in order to pursue something I really enjoyed, but I was worried about whether I would be able to do it, alongside the tiredness of each dialysis treatment. After much soul-searching, I decided that the days when I had dialysis would be my days off, and that the days without treatment would be my "best" days, when I would need to work twice as hard to compensate for the days when I had to rest. I went to work with a sense of purpose, approaching my potential customers with a reinvigorated spirit. Sales soared, I met the goals I set for my company, and realised the importance and value of adapting to reality.

Travelling for pleasure

At the start of dialysis, I worried that I would never travel again, and thus lose



an important pleasure which I shared with my family. And this is where Diaverum has been so inspirational.

With the help of my clinic, I learnt that it is easy to continue dialysis while travelling. There are many clinics around the world, but I also needed reassurance that I would find the same level of professional care when away from my home clinic.

My first step was to try treatment at a different clinic in Portugal. After that, I decided to go abroad. Prague was the first place I chose. And I remember it as if it were yesterday.



Since that time, I have travelled to – and had dialysis in – places that I would never have thought I could visit, including Cuba, Taiwan, Indonesia, Turkey and Israel.

The logistics were challenging, ensuring that there were suitable clinics in our chosen destinations. And now we plan our trips around those places. But **I can travel, and that’s enough for me: knowing that I can be “on the road”, despite needing regular dialysis, makes me feel good about myself.**

On a practical level, when travelling in Europe, I don’t have to pay for my treatment, thanks to the European Health Card. And in Europe and beyond, Diaverum clinics in several countries enable us to have our holidays, recharge our batteries and create new family experiences and memories.

I feel that, today, I am very much the same Filipe as I was before my treatment started.

Visiting Braga, Portugal

We are an adventurous family, and love each day to be different. Travelling, meeting new people and experiencing new cultures fulfils us as individuals. And that is one reason why, in 2019, two years after I started dialysis, we travelled around the world with our two-year-old son Guilherme.



But first, I slowly tried dialysis treatments in Diaverum clinics “out of town” from my home city of Lisbon in Portugal. In these places, I found excellent professionals who always made me feel welcome and at home. They knew my medical background and gave me a lot of confidence during my treatments.

While in the north of Portugal, I had the opportunity to go to the Diaverum clinic in Braga and visit one of the most emblematic towns in the country. The small and narrow pedestrian streets,

magnificent squares, houses and churches make it such a charming place. The Bom Jesus do Monte Shrine is an essential visiting viewpoint; it will take your breath away. Its huge stairway gives you a perfect view over the town and allows you to enjoy an awesome sunset. The Diaverum clinic is great, located just 10 minutes from the town centre, and I met such nice people there, happily discussing new travel ideas with other patients.

Braga is definitely an incredible place to visit in my country.

France

37 Paris

38 Draguignan and Marseille

France is a country of contrasts, combining Mediterranean beaches, alpine villages, global cities and busy towns. Its capital, Paris, is famous for art galleries such as the Louvre, monuments like the Eiffel Tower, high fashion and wonderful nightlife. Beyond the iconic “City of Light”, France’s regions offer a unique experience to their visitors, thanks to the diversity of their cultural, architectural and culinary heritage.



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It's impossible to mention France without first thinking of **Paris**, a city of a myriad experiences whose character leaves an imprint on all those who are lucky to visit.

★ **Don't miss:**

- First-time visitors shouldn't miss climbing **the Eiffel Tower**, from where a magnificent view of the whole city awaits;
- To the north, you can see the **Montmartre District with the Sacré-Cœur Basilica**. This area has become famous for hosting many painters and artists and is also known for its risqué nightlife, in part due to the location of the famous **Moulin Rouge**;
- **Louvre Museum**, with its many art collections and the famous **Mona Lisa**;

- **The Cathédrale Notre-Dame de Paris** is a masterpiece of Gothic architecture on which construction began in the 12th century. It stands on Île de la Cité and is considered to be the symbolic heart of the city.



📍 **Name of clinic:**

Diaverum Paris Jaurès

Date opened: 2023

Number of dialysis stations: 16

Free TV: yes

Free Wi-Fi: yes

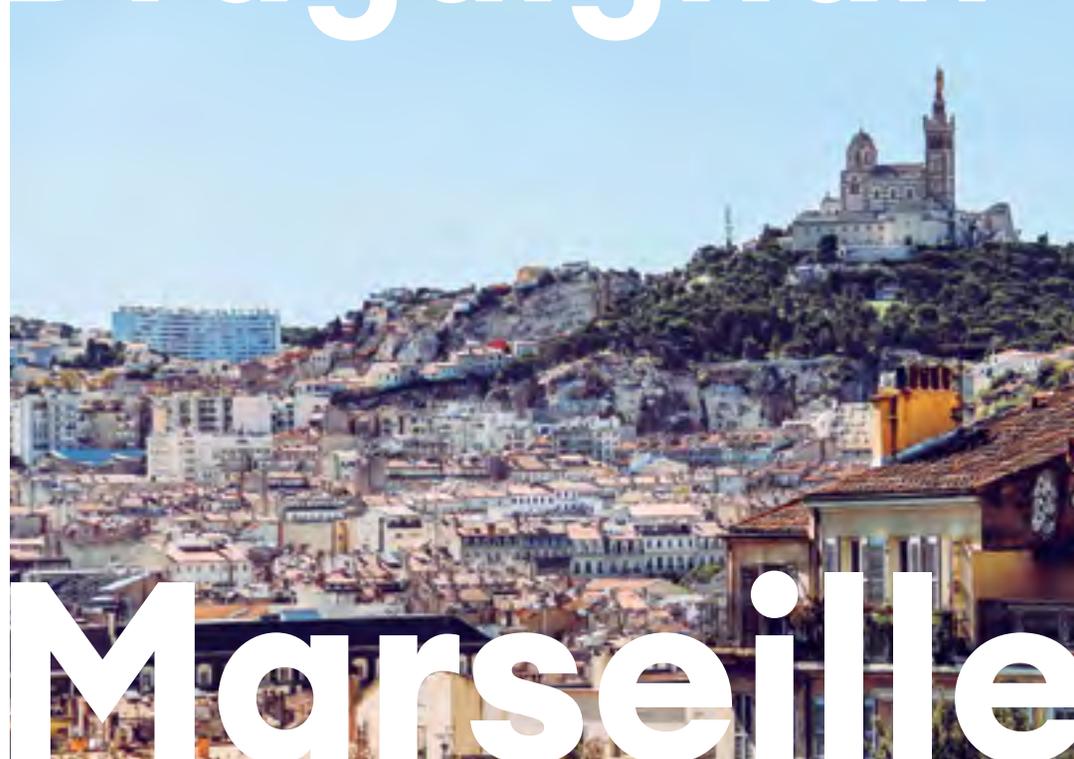
Free transfer (to and from clinic): no

Food and drink provided: yes



Draguignan

Name of clinic: Diaverum Draguignan
Date opened: 1994
Number of dialysis stations: 30
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes
Other: nutritional consultations, psychological and social assistance



Marseille

Name of clinic: Diaverum Marseille Saint-Joseph
Date opened: 2017
Number of dialysis stations: 72
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes
Other: nutritional consultations, psychological and social assistance



Provence-Alpes-Côte d’Azur is one of the most popular holiday regions in the south of France and covers a large area stretching from the Mediterranean Sea to the French Alps.

Draguignan, in the Var region of Provence-Alpes-Cote d-Azur, is a wonderful example of Provençal culture. With its clock tower, wide boulevards, pedestrian streets and museum of folk culture, Draguignan goes by the nickname of “Dragon City”, since, according to local legend, Saint Hermentaire saved the town by slaying a dragon.

Located in southeastern France, **Marseille** is France’s second largest city. It dates back to around 600 BC when the city was founded by the Greeks as a port. Since then, it has established itself as a maritime hub and is considered one of the most diverse cities in all of France.

★ **Don’t miss:**

- **The Old Port, or Vieux-Port**, the main harbour and marina of the city, is guarded by Fort Saint-Nicolas and Fort Saint-Jean, and is one of the main areas to eat in the city;
- **Notre Dame de la Garde** – this Byzantine and Romanesque Revival basilica overlooks the city and has one of the best views of Marseille;
- **The Vieille Charite** is an architecturally significant building designed by the Puget brothers;
- Stroll down **La Corniche**, a waterfront road between the Old Port and the Bay of Marseille.

Morocco

40 Agadir
41 Marrakesh

Morocco lies on the North African coast, straddling both the Atlantic Ocean and Mediterranean Sea. From the Atlas Mountains to the Sahara Desert, the beauty of its architecture and craftsmanship, the medinas and vibrant souks, it is a seductive blend of African, European and Arabian influences. Home of the legendary explorer Ibn Battuta, Morocco awaits its visitors with a warm welcome and fabulous cuisine.



Find out more about Diaverum's
clinics and locations around
the world at www.d.holiday



Agadir



Discover the city of **Agadir**, one of the pearls of Morocco that enjoys being in close proximity to both the Atlantic Ocean and the Atlas Mountains.

★ **Don't miss:**

- **Atlantic beaches:** Morocco's prime resort, holidaymakers from across Europe flock here to relax along almost 9 km of sandy beaches;
- **The Kasbah** – built in 1540 to defend Agadir against attacks from the sea, the ramparts are the sole survivor of what was once Agadir's fortified town, housing a bustling population within its walls, and is now its main historic attraction;
- **City centre** – the modern central core of Agadir has some interesting monuments that make a nice diversion from sunbathing. The Grand Mosque is in a modernist style, unique among Morocco's mosques.

📍 **Name of clinic:** Centre de Dialyse Diaverum Agadir

Date opened: 1992

Number of dialysis stations: 31

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes





Name of clinic:

Centre d'Hémodialyse de Marrakech

Date opened: 2015

Number of dialysis stations: 41

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes



Marrakesh is known as the Red City, thanks to the 16 km of protective walls made from pisé, a reddish pink clay, that encircle it. It is a place full of mystery and magic, thanks to its souks, gardens and myriad of other delights.

★ **Don't miss:**

- **The Medina of Marrakesh** was designated a UNESCO World Heritage Site in 1985 and was founded between 1070-1072. Jemaa el-Fnaa, its square and market place, is one of the largest of its kind in Africa;
- **Gardens** – perhaps the most iconic in Marrakesh, Jardin Majorelle is a botanical garden created by the French Orientalist artist, Jacques Majorelle and also features a cubist villa designed by Paul Sinoir. In later years, it was restored by Yves Saint-Laurent, the iconic fashion designer;
- **Palaces and mosques:** Koutoubia Mosque, also known as Kutubiyya Mosque, Jami' al-Kutubiyah, Kutubiyyin Mosque, and Mosque of the Booksellers, is the largest mosque in the city, located in the southwestern part of Jemaa el-Fnaa.

Marrakesh

Saudi Arabia

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- 44 Jeddah
- 45 Al-Madinah Al-Munawwarah
- 46 Makkah Al-Mukarramah

The Kingdom of Saudi Arabia is the largest country in the Arabian Peninsula, and more than a fifth the size of Europe. Saudi Arabia offers an immensely diverse scenery, from beaches and forests to grasslands, mountain ranges and deserts.

The country has a warm tradition of hospitality and wonderful cuisine. Its rich cultural heritage is shaped by its position as a historic trade hub and a destination for religious tourism.

In recent years, Saudi Arabia has undergone a significant economic, technological and cultural transformation, making it a vibrant and ever-changing country worth visiting.



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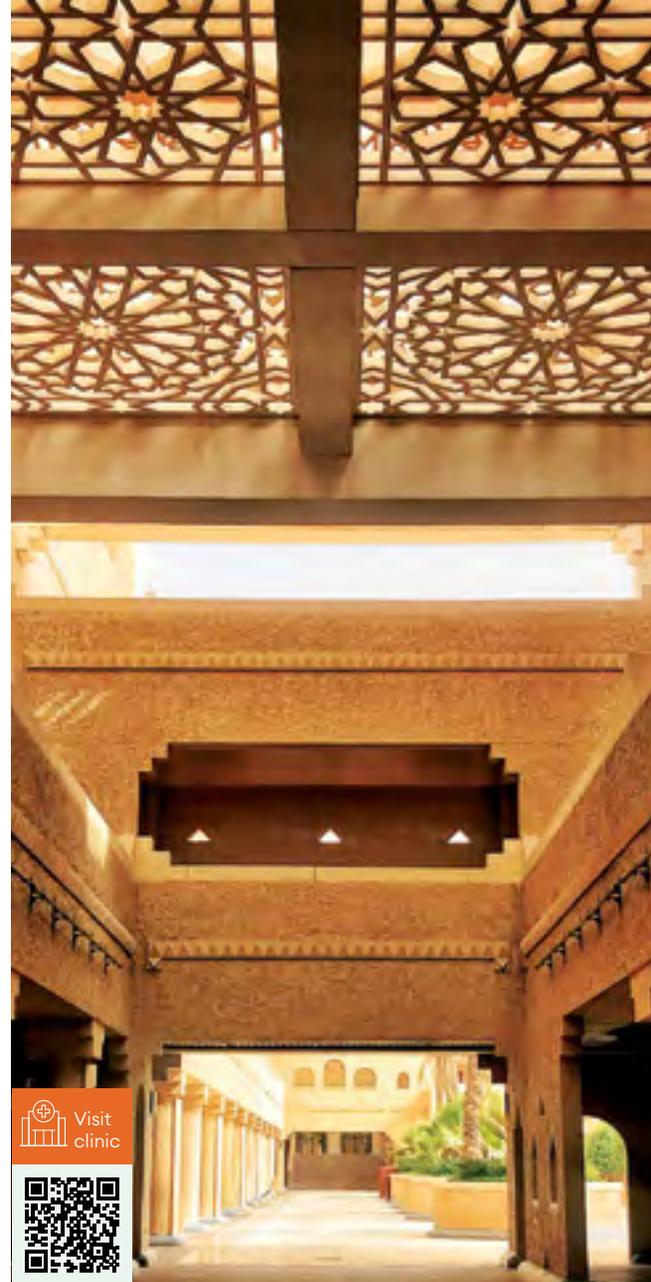
Riyadh

Riyadh, the capital city of Saudi Arabia, is located on the great limestone plateau of the Najd region. It is the site of Saudi Arabia's roots, as well as the birthplace of its ambitious future. Fascinating old historical souqs thrive alongside a vibrant metropolis and sites of natural & ancient beauty. With numerous art galleries and historic places to explore, it is a perfect destination for cultural enthusiasts.

★ **Don't miss:**

- **Diriyah** – a town on the edge of Riyadh, home to one of Saudi Arabia's UNESCO Heritage Sites and a centre of Saudi Arabia's rich history.
- **Al Masmak Fortress** – a vast clay and mud-brick citadel built in 1865;
- **Sky Bridge at Kingdom Centre** – take the high-speed lift to the 99th floor of the iconic Kingdom Centre for access to Riyadh's best urban panorama;

- **Saudi National Museum** – a must-visit location, with more than 3,700 antiquities on display, documenting the grand history of Saudi Arabia over millennia;
- **Souq Al Zal** – the city's most famous market. Open since 1901, it is still a treasure trove for oriental and traditional Saudi Arabian items;
- **Modern shopping, fine dining and art** – Riyadh Park Mall, Riyadh Front and The Zone offer modern shopping, fine dining and pop-up art exhibits;
- **Edge of the World** – about a 90-minute drive from Riyadh, and then a challenging walk, here you can enjoy uninterrupted views of the horizon from 300-metre-high cliffs. This is a must-visit destination for adventure seekers and hiking enthusiasts alike.



Name of clinic: Diaverum
Riyadh – Integrated Renal Care Centre (IRCC)
Date opened: 2017
Number of dialysis stations: 30
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Name of clinic: Diaverum
Riyadh – Al Awaly
Date opened: 2016
Number of dialysis stations: 30
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes

Jeddah has always been a vibrant and cosmopolitan city, and a gateway for traders as well as pilgrims bound for Mecca. Jeddah has grown from its ancient origins into a dynamic commercial centre.

The city has a 4.2 km modern corniche, where many enjoy the sunset over the Red Sea while having a picnic, walking or cycling.

The Red Sea also offers fantastic diving and snorkeling experiences among beautiful pristine reefs as well as numerous beach, fishing and sea activities. The city centre, Al Balad, is a historic quarter where ancient coral-stone houses display their “Mashrabiya,” an ancient style of carved wood windows projecting into narrow alleyways where many shops are located.



Jeddah

★ **Don't miss:**

- **Al Balad** – Jeddah's UNESCO-listed historic centre where you can find cool cafés, art galleries and spice-scented souqs;
- **Souqs of Historic Jeddah** – the market street along Bab Al Makkah is a gateway to the other souqs scattered around the area;
- **The Tayebat Museum** – a fascinating look at Jeddah's 2,500

year-old history, which predates modern Saudi Arabia, showcasing the region's traditional and unique architectural style;

- **King Fahd's Fountain** – the world's tallest fountain is a stunning Jeddah landmark, rising against the beauty of the Red Sea;
- **Fakieh Aquarium** – the first marine exhibition of its kind in Saudi Arabia;

- **Jeddah Central Fish Market** – enjoy delicacies fresh from the Red Sea, prepared and cooked just hours after being caught;
- **Modern shopping, fine dining and art** – the Mall of Arabia, the Red Sea Mall and the Saudi Centre for Fine Arts are some of the modern shopping, fine dining and art venues that Jeddah offers.

Name of clinic: Diaverum
Jeddah – Al Naim
Date opened: 2015
Number of dialysis stations: 30
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Al-Madinah Al-Munawwarah

Al-Madinah Al-Munawwarah – a city wrapped in the folds of history, with a calm, spiritual atmosphere.

Al-Madinah Al-Munawwarah is a place where heritage is present at every turn, and a sense of peace and reflection comes naturally. Whether you visit for spiritual connection, cultural richness, or simply a place of peace, this sacred city welcomes you with open arms. Take a walk along tranquil, green pathways, experience the city's traditions, and enjoy the genuine hospitality of its people. Al-Madinah Al-Munawwarah is not just a destination for the faithful – it is a universal invitation to experience humility, hospitality, and harmony. Come and experience a city that feels timeless, and that embraces every traveller with warmth and grace.

★ **Don't miss:**

- **Al-Masjid An-Nabawi** – the spiritual heart of Al-Madinah Al-Munawwarah, where visitors experience profound

faith, serene tranquillity, and a deep sense of devotion;

- **Dar Al-Madinah Museum** – a cultural space showcasing rare artefacts, photographs, and exhibits that tell the story of the city and its people;
- **Ghars Well** – one of the city's historic landmarks, offering visitors a chance to reflect on the simplicity and purity of the past;
- **Mount Uhud** – a silent witness to historic events, providing panoramic views of the city and inviting contemplation of its legacy and timeless beauty.

📍 **Name of clinic:** Diaverum Madinah – Al Qiblatayn

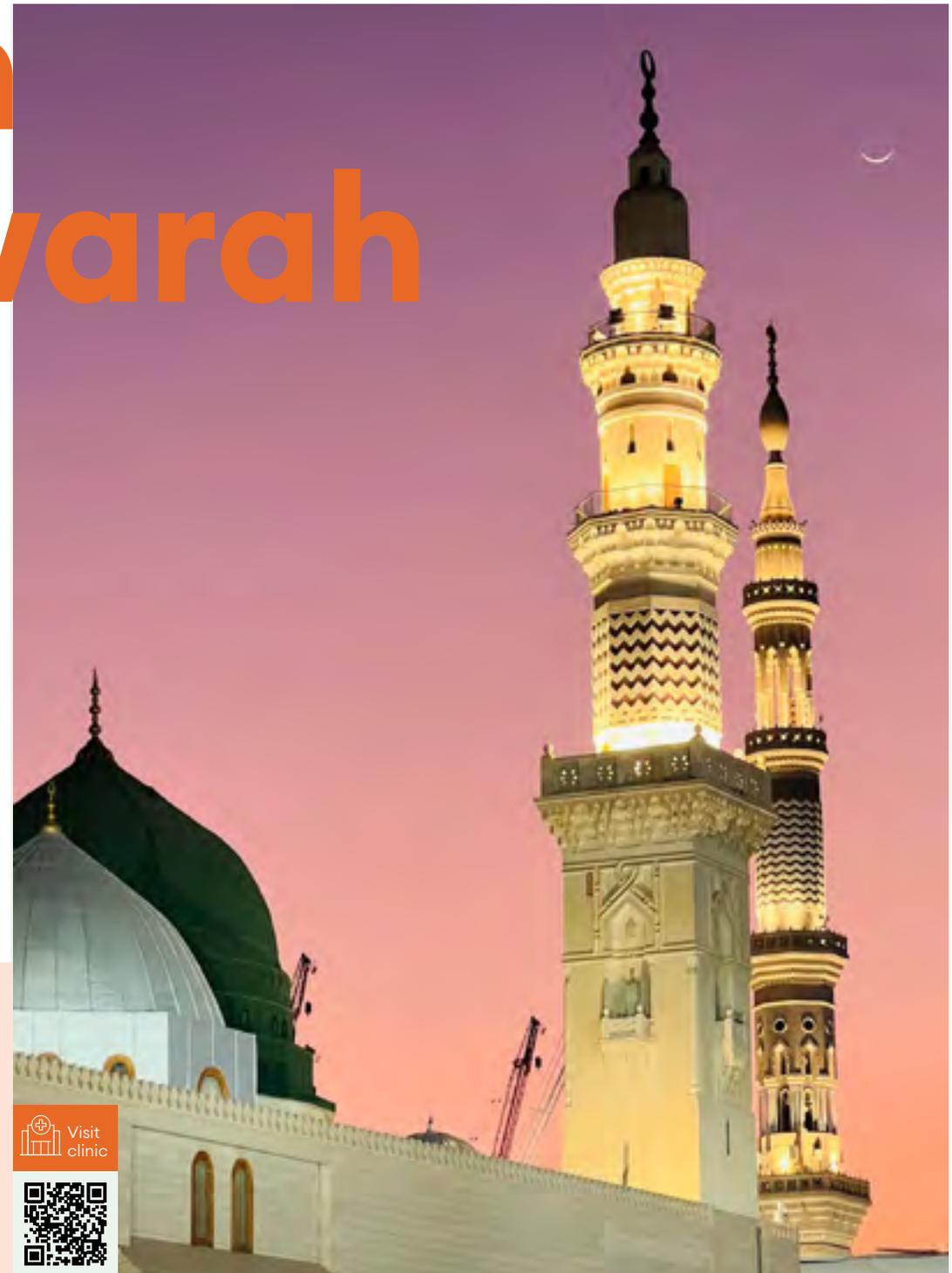
Date opened: 2016

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes





Makkah Al-Mukarramah – a city that blends deep history with profound spirituality, and continues to evolve with the pace of modern life. Step into Makkah, a city that resonates long before it is seen. Here, where prophets once walked and revelation descended, history feels close and ever-present. Makkah is more than a destination – it is a spiritual journey wrapped in timeless beauty. From the sacred serenity of the Holy Mosque to the warmth of its people and the comfort of modern amenities, Makkah offers a welcoming experience. Come and discover a place where faith meets heritage, and where many find a renewed sense of peace.

★ **Don't miss:**

- **Masjid Al-Haram and the Kaaba** – the spiritual heart of Makkah, where millions gather in prayer and perform the sacred rituals of Hajj and Umrah;
- **The Clock Towers** – a modern architectural landmark overlooking the Holy Mosque, offering hotels, facilities, and a striking addition to the city's skyline;
- **Makkah Museum** – a cultural space showcasing artefacts, manuscripts, and historical collections that enrich visitors' understanding of Makkah's heritage;

- **Mount Noor and the Cave of Hira** – the revered site of the first revelation, giving visitors a chance to connect with early Islamic history and enjoy panoramic views of the holy city.



Makkah Al-Mukarramah

Name of clinic: Diaverum Makkah – Al Khadra
Date opened: 2016
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes

Considering travelling? Just try it!

Jan Świątczak, a 42-year-old resident of Poznań, Poland, has been on dialysis for twelve years. He balances his demanding dialysis schedule with a full-time job as a railway vehicle designer. Outside of work, Jan is passionate about railway travel and sailing, often spending his free time exploring these interests or being with family and friends. In this article, he shares how people on dialysis can feel empowered to embark on fulfilling travel experiences.



Jan Świątczak,
dialysis patient and traveller

The primary benefit of holiday dialysis is the renewed ability to travel and explore. As an avid train and sailboat enthusiast, I value the opportunity to satisfy my curiosity and experience new places. While ocean voyages are no longer feasible, holiday dialysis allows me to maintain a degree of travel freedom.

Dialysis has become an integral part of my travel planning process, and I take an active role in planning my trips around it, meticulously arranging accommodation, transportation, and activities at my destination. Here are my tips to ensure a smooth travel experience:

- **Destination selection:** prioritise locations with accessible dialysis

facilities. You can easily search for holiday dialysis with Diaverum in 24 countries via the d.HOLIDAY website. Just enter the destination and dates you are thinking of travelling; then, you get a list of local dialysis centres, with detailed information about their services.

- **Dialysis booking:** secure dialysis appointments at your chosen destination well in advance. This will help you select the dialysis centre and time slots that are most convenient for you.
- **Accommodation:** book accommodation close to the dialysis centre for convenient transportation. Upon receiving confirmation from the

centre, I focus on finding accommodation with a maximum 45-minute commute.

- **Transportation:** arrange for flights, train tickets, and car rentals as needed, in advance of your trip. Usually, I arrange my own transportation to the dialysis centre via rental car, public transport, or even walking. Navigating unfamiliar cities and coordinating transportation to dialysis centres can be stressful, so don't hesitate to ask your visiting dialysis centre for assistance.
- **Local exploration:** plan activities and excursions around your dialysis schedule. Ask the local d.HOLIDAY Coordinator for suggestions on CKD-friendly activities.
- **Documentation:** make sure you pack any necessary identification documents, including health insurance cards.
- **Medication:** carry all prescribed medications with you, especially when flying, keeping them in your carry-on luggage for safety.

- **Travel Insurance:** consider purchasing additional travel insurance to cover potential medical emergencies. If you're on the kidney transplant list and travelling within Europe, you can make use of the **d.HOLIDAY Fly Back Programme** which facilitates and funds travel arrangements for holiday patients who receive their transplant call while away from home.

While the logistics around travelling might seem daunting at first, the rewards of exploring new places are immense. In addition, the more you travel, the more comfortable you become, and the less intimidating the whole process seems.

Start with shorter trips to gain confidence. And, when planning to travel, it's important to remember that there are professionals who can help. Speak to your home clinic team, a specialised travel agency, or your local patient association for assistance. By taking the first step and seeking appropriate support, you can embark on fulfilling travel experiences.

China

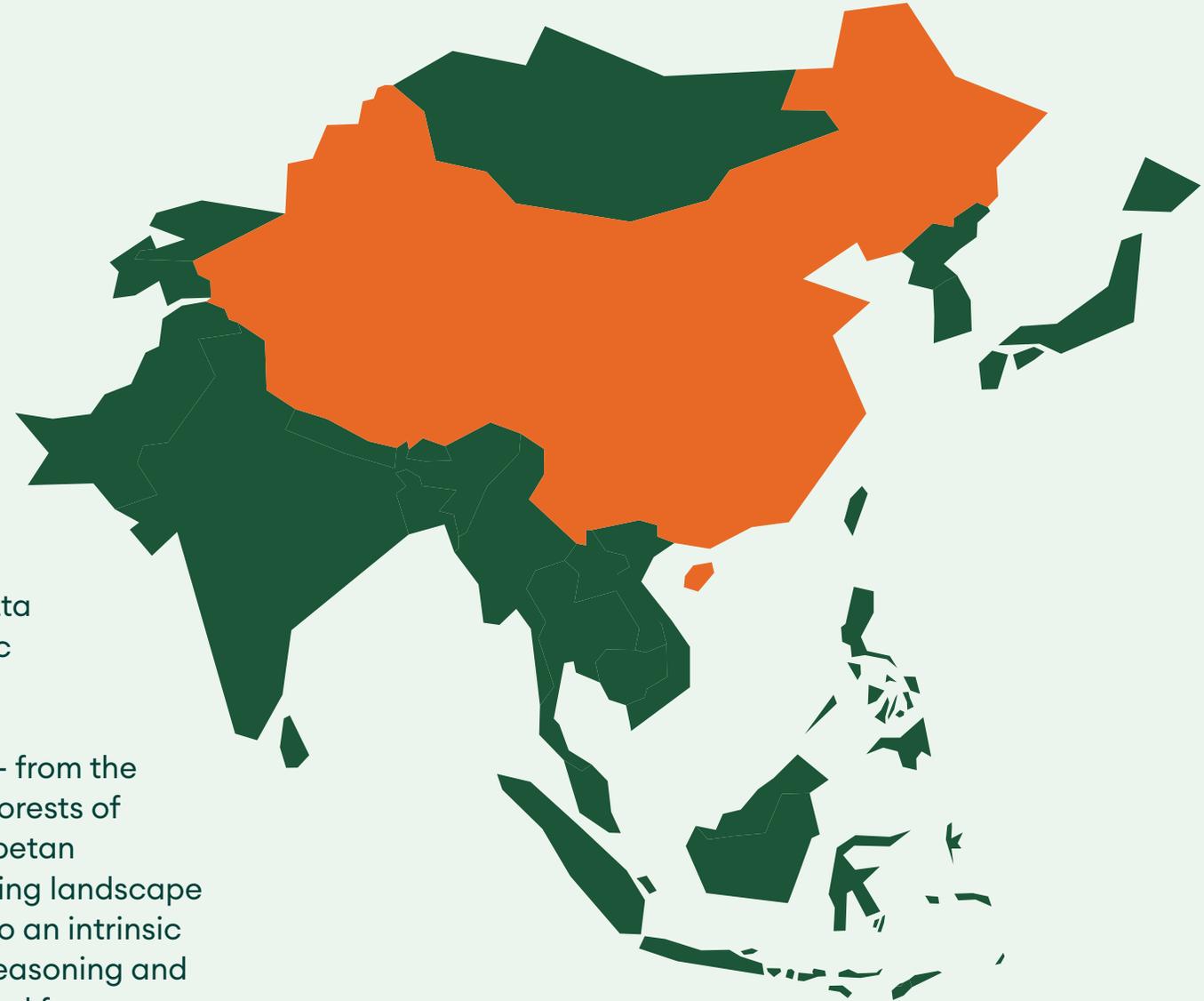
49 Guangzhou

49 Hong Kong

The world's oldest civilisation, China offers visitors the opportunity to travel down the past and simultaneously, to glimpse into the future. Bustling metropolises mingle seamlessly with 5,000 years of history – the Great Wall, the Terracotta Army, the Forbidden City, are just some of the iconic landmarks this wondrous country has to offer.

China's natural wealth is as impressive as it is vast – from the deserts of Gobi and Taklamakan, the subtropical forests of the south, to the Yangtze River that begins in the Tibetan mountains and flows across 6,300 km of ever-evolving landscape into the East China Sea at Shanghai. Cooking is also an intrinsic part of Chinese culture, with cooking techniques, seasoning and flavours are varied as the country they have emerged from.

Whichever of these reasons draws you to China, it will not fail to entrance and delight you.



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Guangzhou, capital city of Guangdong Province, is the third biggest city in China. Known as the “Flower City”, it earned its enchanting nickname as far back as 950 BC thanks to the striking blooms that flourish in its sub-tropical climate and that today, make it a major flower production base.

★ **Don't miss:**

- **Chimelong Tourist Resort** – one of China’s largest and most popular theme parks;
- **Canton Tower** – a 604 metres observation tower, that briefly held the title of tallest tower in the world;

- **Baiyun Mountain Scenic Area** – composed of more than 30 peaks, from here, visitors can enjoy panoramic views of the city and Pearl River.



📍 **Name of clinic:**

Guangzhou Zengcheng Diaverum Dialysis Centre

Date opened: 2020

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: no



Visitors that are drawn to **Hong Kong's** cosmopolitan atmosphere are rewarded with a sensory feast, thanks to its world-class food scene, a culture that brings together Chinese roots, colonial influences and much more.

- **Temple Street Night Market** – with its history dating back to the 1920s, Hong Kong’s liveliest market comes to life at night, offering visitors a delightful introduction to the local cuisine.



📍 **Name of clinic:** Integrated

Dialysis Facilities (HK) Limited

Date opened: 1990

Free TV: no

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: no



Malaysia

51 Kuala Lumpur

A crossroad for many Asian cultures, Malaysia blends dynamic cities with fabulous food and wildlife-packed rainforests.

While its mainland offers a wealth of experiences, Malaysia's main draw are the 878 islands that decorate its coastlines, such as Penang, off the northwest coast and Langkawi, famous for its tropical beaches and world-class resorts.



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Kuala Lumpur

Kuala Lumpur, commonly known as **KL**, is Malaysia's capital city. One of the most vibrant and fast-growing cities in Asia, with many exciting places, world-famous landmarks, prestigious hotels and state-of-the-art facilities, KL has something to offer for everyone.

★ **Don't miss:**

- **Petronas Twin Towers** – visit the world's tallest twin structures, standing at an astonishing height of 170 metres, and catch a breathtaking view of the city;
- **Dataran Merdeka** – enjoy a leisurely stroll around Independence Square or “Dataran Merdeka” in Malay, where the Malaysian flag was raised for the first time, and get a glimpse into the city's past;
- **Shopping** – KL's status as one of the most popular shopping cities in the world, makes shopping an activity not to be missed;
- **Batu Caves** – nestled within a limestone outcrop, stands a distinctive and captivating Hindu cave temple. Comprising three expansive caves, the main cavern is adorned with intricate shrines. Adding to the allure, is the remarkable 140-foot **statue of Lord Murugan**, at the base of the 272 steps leading to the temple. The annual **Thaipusam Festival**, which takes place inside the caves and attracts a vast international audience, is a sight to behold.



Name of clinic: Diaverum
Subang Jaya
Date opened: 2010
Number of stations: 14
Free TV: no
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes

Singapore

53 Singapore

Singapore is at once, both a city and a country. One of Southeast Asia's most prominent financial and maritime hubs, it is a melting pot of cultures, with four official languages including its *lingua franca*, English, making it a very accessible option for those wishing to dip their toes into exploring Asia.



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Singapore

While **Singapore** is diminutive in its size, it has a wealth of experiences to offer its visitors. Its diversity of cuisine is one of its biggest draws, with options ranging from busy hawker markets to fine dining. A place of immense natural beauty, technological innovation and a buzzing, purposeful vibe, Singapore is a sure hit with all those who visit.

★ **Don't miss:**

- **Hawker centres** – open-air dining complexes found throughout Singapore, they are considered to be such an intrinsic part of its fabric, they've been awarded UNESCO Intangible Heritage status. As of 2016, two Singaporean food stalls, both located in hawker centres, became the first street food vendors to be awarded a Michelin star – *Hong Kong Soya Sauce Chicken Rice* and *Noodle* and *Hill Street Tai Hwa Pork Noodle*;
- **Singapore Botanic Gardens** – a 74-hectare botanic wonderland that has been designated as a UNESCO World Heritage Site. It's home to the **National Orchid Garden**, as well as a patch of primeval rainforest, itself home to over 300 species of vegetation and trees as tall as 50 metres;
- **Chinatown** – once an enclave for Singapore's Chinese population, it's a maze of narrow roads, among which you can discover the legendary **Chinatown Food Street**, cultural institutions such as the **Buddha Tooth Relic Temple and Museum**, and many trendy shops, boutiques & restaurants;
- **Little India** (also known as Tekka) is located east of the Singapore River, across from Chinatown. It's a buzzing, historic neighbourhood originating back to the 1840s. Today, it's one of Singapore's most colourful spots, in which one can sample delicious Indian food, as well as explore street art and temples;
- **Picking up new finds** – shopping is a major attraction of Singapore, with options for every budget. **Orchard Road** and **Marina Bay Sands** are home to luxury, international brands, while Singapore's multicultural neighbourhoods are treasure troves for interesting collectibles and independent labels.



Name of clinic:
Diaverum Farrer Park
Date opened: 2014
Number of dialysis stations: 16
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes

Hungary

55 Budapest

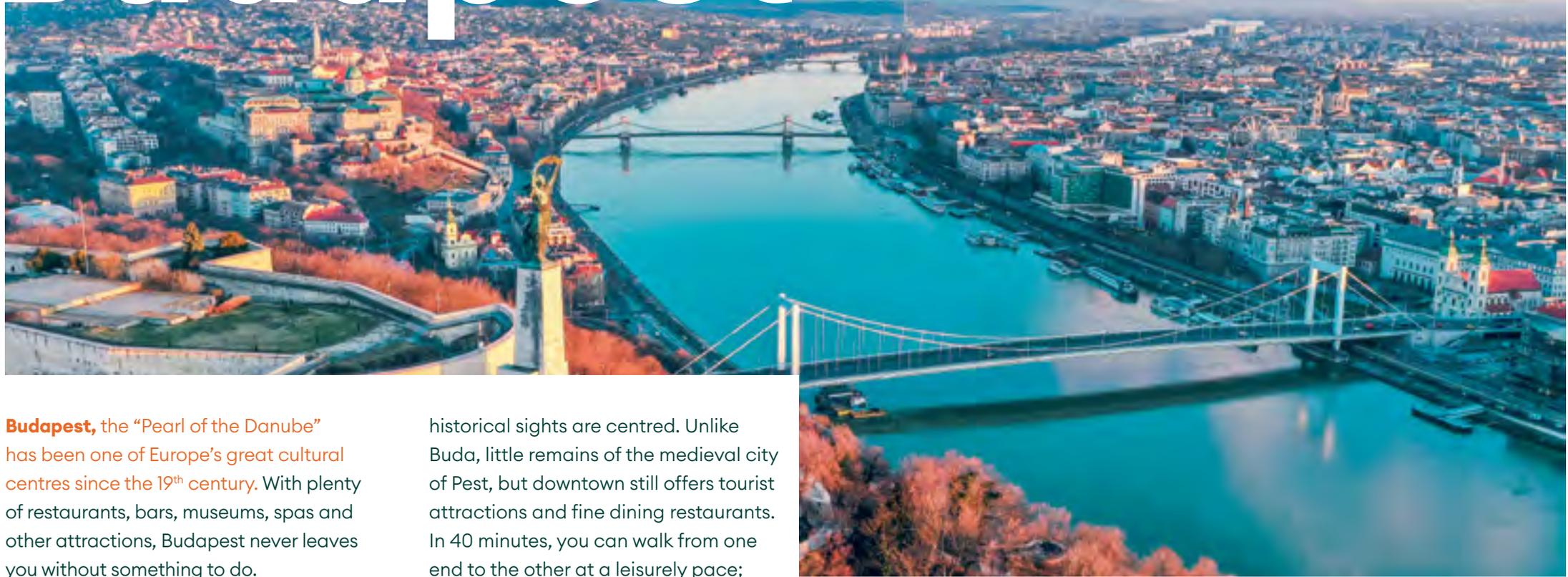
56 Keszthely

If you're looking for a city break or longer vacation, Hungary is an ideal choice. It may be a small, landlocked country, but it packs an awful lot within its borders. Easily accessible in the heart of Europe, its cities overflow with architectural landmarks. Turkish and Roman influences on Hungarian culture can be seen throughout the country, including the popularity of mineral spas. There is diversity in this country's landscape and culture, and a living folk heritage truly worth exploring.



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Budapest



Budapest, the “Pearl of the Danube” has been one of Europe’s great cultural centres since the 19th century. With plenty of restaurants, bars, museums, spas and other attractions, Budapest never leaves you without something to do.

★ **Don’t miss:**

- **Buda Castle & Fisherman’s Bastion** – this historic castle and neo-Gothic lookout have views across the river and Hungarian Parliament from Castle Hill in Buda. Offering the most romantic views over the city, it is the perfect spot for a photo or just to take in the view;
- **Downtown Budapest** – where business life, banks, and many cultural &

historical sights are centred. Unlike Buda, little remains of the medieval city of Pest, but downtown still offers tourist attractions and fine dining restaurants. In 40 minutes, you can walk from one end to the other at a leisurely pace;

- **The Hungarian Parliament** – one of Budapest’s most famous landmarks. Although you can spend hours admiring the exterior in all its intricate detail, try to join a guided tour to look around inside. You’ll see the gold-gilded staircase, the thousand-year-old crown jewels, parliamentary rooms and more;
- No trip to Budapest is complete without a stroll on the **Danube Promenade** to take in the view.

📍 **Name of clinic:** Diaverum Laszlo Clinic
Date opened: 1997
Number of dialysis stations: 16 (+ 4 isolation rooms)
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: yes
Other: payment with EHIC only



Keszthely

Keszthely is a charming city, located on the north west corner of Lake Balaton.

One of the loveliest spots to stay in the area, it offers a peaceful alternative from the tourist destinations on the lake. You can take a dip in small, shallow pools by day, absorb the lively yet relaxed ambience by night, and get a dose of culture by visiting the town & admiring its historical buildings.

★ **Don't miss:**

- **Festetics Palace** – one of the most famous buildings of Keszthely, built from the middle of the 18th century until 1880. Today, it functions as a cultural centre for the city. The palace has its own saloon, theatre and congress hall and a wonderful library, the Helikon Palace Museum, that is home to over 86,000 books, including antique encyclopaedias and prints. Its 42-acre garden is a nature reserve that offers a relaxing area to take a walk;
- **Lake Balaton** – known as “The Hungarian Sea” and surrounded by

vineyards, volcanic mountains and thermal spa resorts, Balaton is the largest freshwater lake in Central Europe;

- **Wellness and spa** – this region also offers a variety of healing, beauty and wellness treatments all year round based on its thermal springs, as well as the harmony created by the lake and the surrounding nature. The most notable spa locations are Hévíz and Zalakaros.



- **Name of clinic:** Diaverum Keszthely Clinic
- **Date opened:** 2001
- **Number of dialysis stations:** 11
- **Free TV:** yes
- **Free Wi-Fi:** yes
- **Free transfer (to and from clinic):** yes
- **Food and drink provided:** yes
- **Other:** payment with EHIC only



Brazil

58 Guarulhos

58 Aracaju

Brazil, the world's fifth largest country, is a destination that rewards its visitors with experiences as fascinating and diverse as one might expect from a continent. From the northeastern region of Bahia, with its deep connection to Africa, to São Paulo, which has the largest community of Japanese people outside of Japan, Brazil's multiculturalism manifests in a dizzyingly rich cultural and culinary landscape. Its biodiversity is equally awe-inspiring; Brazil boasts the greatest collection of plants and species found anywhere on earth, spread across the world's largest rainforest, all the way through to a vast coastline that stretches along for more than 7,000 km. Whatever first draws you to Brazil – whether its kaleidoscopic culture or raw, natural beauty – its many joys may well invite you to stay.



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Guarulhos is located in the metropolitan area of São Paulo and is a good option for those not wanting to stay in the city centre.

★ **Don't miss:**

- **São Paulo coast** – an area of many bays with wonderful beaches and islands, historic towns and villages;
- **Beaches** – the calm sea and the wide sand strip make it a great option for families. Ubatuba is part of Costa Verde, which encompasses beautiful coastal municipalities between Rio de Janeiro and São Paulo. Domingas Dias Beach is ideal for families: it is small, clean and has a calm sea with clear waters. The shadows offered by its trees make it ideal for picnics;
- **São Paulo museums** – São Paulo's Modern Art Museum (MAM) was

founded in 1948 and is one of the oldest modern art museums in Latin America. Its collection has more than 5,000 works produced by the biggest names in Brazilian art.



📍 **Name of clinic:**

Diaverum Guarulhos

Date opened: 1995

Number of dialysis stations: 78

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes

Other: easy access to the International Airport of São Paulo and to the coast, where you have a choice of many beautiful beaches



Aracaju is the capital of the Sergipe State on Brazil's northeast coast, with easy access to Maceió, the capital of Alagoas State, and close to the beaches of northern Bahia. If you like being in the middle of nature, the city's parks, beaches, rivers and mangroves, among other attractions, will bring it closer to you.

★ **Don't miss:**

- **Antonio Franco Municipal Market**, a lovely place to shop for gifts, or discover more about culture from Sergipe, view arts and handmade crafts;
- Go for a catamaran ride to **Croa do Gore and Namorados Island**. A beautiful spot of white sands and calm waters, from one side of the island the sea, the other the river and to complete, a lagoon in the middle;
- **Xingó Canyon** – full of orange walls

cut by a lake of intense light green tone, the Xingó Canyon, on the border between Sergipe and Alagoas, is the largest navigable canyon in the world;

- **Aracaju Oceanarium** – if you're passionate about marine species, you cannot miss the Oceanarium of Aracaju. The space gathers 70 different maritime species, all native to Sergipe, across 18 aquaria.



📍 **Name of clinic:**

Diaverum Cirurgia

Date opened: 2001

Number of dialysis stations: 62

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes

Other: clinic is located close to the beaches of Aracaju



Chile

60 Villarrica

Few places in the world have the number of diverse and pristine landscapes that Chile has. Start exploring by visiting the Atacama Desert, known as the second driest desert in the world; venture further to discover its temperate rain forests and wonder at the active volcanoes that run along its space and cruise along the glaciers of Patagonia. Once you're ready to relax from a myriad of adventures, sit back and enjoy a glass of Chile's world-famous wines, that offer a variety for every mood and occasion.



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Country Chile **Destination** Villarrica

Villarrica is a city and commune of Chile located in the Province of Cautín, part of the **Araucanía Region**. Founded in 1552 by Spanish explorers, it draws visitors from around the world thanks to its seemingly boundless natural beauty.

★ **Don't miss:**

- **Villarica National Park** – one of the most popular parks in Chile, it covers 630 km² and is home to three volcanoes - the Villarica (2,847 metres); Quetrupillán (2,360 metres); and Lanín (3,747 metres). Its hot springs are also well worth a visit;
- **Lago Villarica** – offers water sports on its shores such as sailing and kayaking. It's a popular spot for swimming thanks to its warm waters. Its famous beaches include **Pucara** and **Playa Blanca**;
- Visit the cities of **Villarrica** and **Pucón**, that offer many options for dining and accommodation to suit every budget;
- Go trekking through the **Conguillío National Park**;
- **Huerque National Park** – located 33 km east of Pucón, it encompasses 125 km² of mountainous terrain east of the spectacular **Carburgua Lake** and the nearby **Ojos de Caburgua** waterfall.

Villarrica

 **Name of clinic:** Diaverum Villarrica
Date opened: 2011
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



United Kingdom

62 Furness

63 Forest of Dean

The United Kingdom (UK), also known as Great Britain, is separated from mainland Europe by the English Channel, and is also bordered by the Atlantic Ocean, North Sea and Irish Sea. The UK's four beautiful nations offer breathtaking landscapes of amazing diversity, from the rugged mountains and lakes of Scotland, the river valleys of Wales, the stunning Causeway Coast of Northern Ireland to the rolling green hills of southern England. A vibrant mix of people, cultures, food, sights and sounds can be found in towns across the UK.



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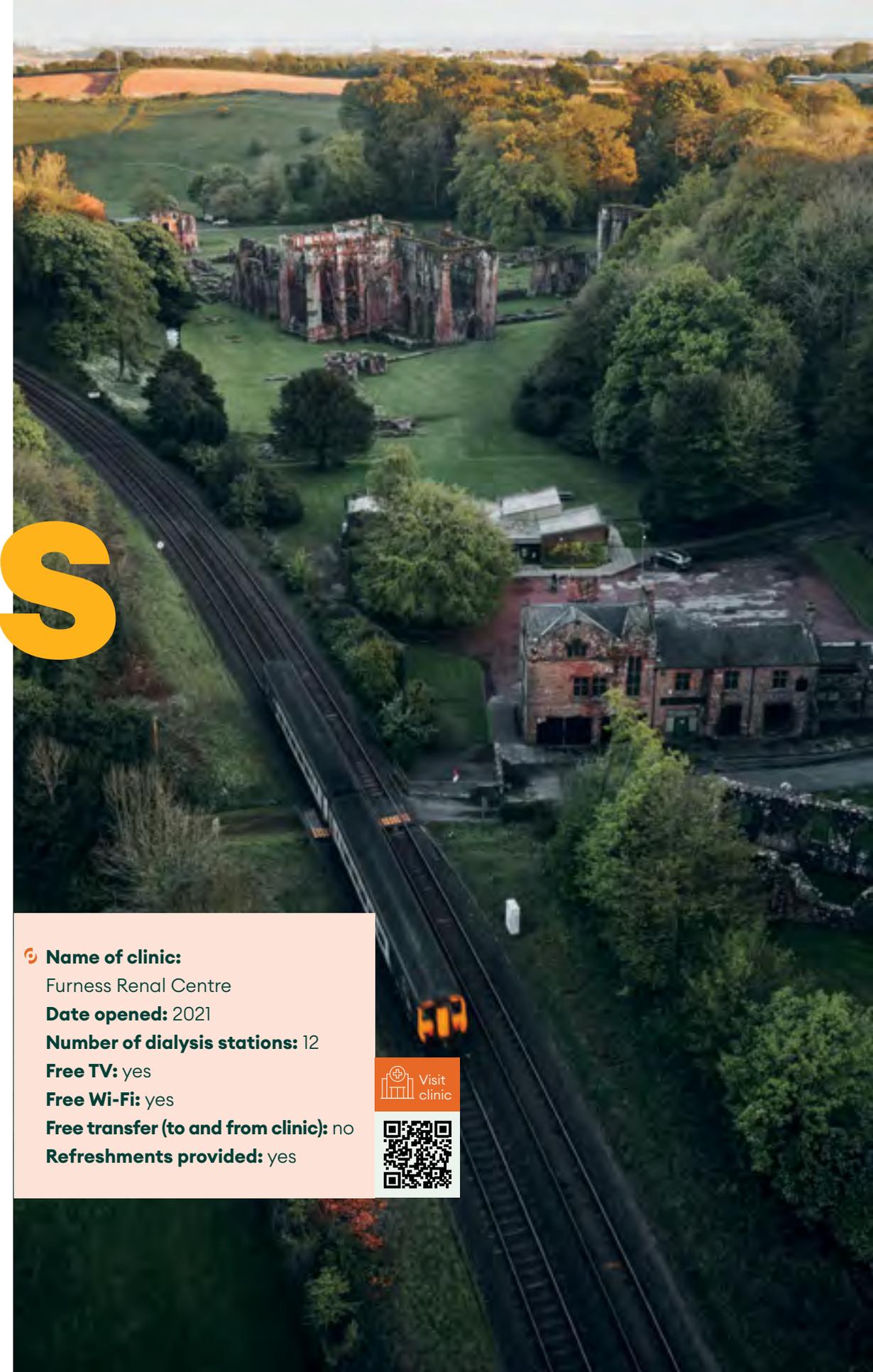
Furness is a truly unique place, where the past dances with the present, and every step leads to a new discovery. Nestled within the picturesque landscapes of the English Lake District, the enchanting region of Furness beckons with a timeless allure that captivates the senses.

★ **Don't miss:**

- **Furness Abbey** – established in 1123 under the patronage of Stephen, Count of Boulogne, this abbey was initially constructed for the Order of Savigny. Crafted entirely from local sandstone, the abbey transferred to the Cistercians in 1147, leading to a gradual expansion and reconstruction of the original intricate

church. The predominant remnants trace back to the 12th and 13th centuries. By the 15th century, a comprehensive remodeling had transformed it into the second wealthiest and most influential, as well as one of the most magnificent Cistercian abbeys in England – a beautiful sight to behold;

- **The rich tapestry medieval history** – discover the beauty of Furness where time seems to stand still, inviting deep exploration;
- **Breathtaking natural beauty** – you won't be disappointed with the rugged coastline, as far as the eye can see;
- **The rugged charm of the coastline** – this destination promises an unforgettable journey into the heart of North West England.



📍 **Name of clinic:**

Furness Renal Centre

Date opened: 2021

Number of dialysis stations: 12

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Refreshments provided: yes



Visit clinic



Welcome to the **Forest of Dean**, where nature meets mystery and adventure awaits around every corner.

Nestled in the scenic landscapes of Gloucestershire, this captivating forest region invites you to explore its enchanting woodlands, ancient monuments, and charming villages.

★ **Don't miss:**

- **A tapestry of history and myth** – wander through lush forests once roamed by kings and outlaws, and uncover tales as old as the trees themselves;
- **Puzzlewood** – a magical, twisting woodland believed to inspire Tolkien and J.K. Rowling, with mossy pathways and hidden nooks that transport you to another world;
- **Spectacular natural beauty** – from panoramic views of the River Wye to tranquil forest trails, every step offers a feast for the senses;
- **The wild charm of the landscapes** – embrace an unforgettable journey in the heart of England's southwest, where timeless beauty and adventure beckon at every turn.



Forest of Dean

Name of clinic:

Forest of Dean Dialysis Unit

Date opened: 2023

Number of dialysis stations: 16

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Refreshments provided: yes



Visit clinic



Poland

65 Giżycko and Iława

66 Kraków

Poland's roots go back to the 10th century, offering history buffs over 1,000 years of events to explore. Its natural riches are equally captivating – the Baltic Sea's wide sandy beaches, the Tatra Mountains, and the Masurian Lake District's imposing natural beauty of dense forests, leave an impression on all those who explore them. Poland's urban landscapes are worth exploring too – the former royal capital of Krakow is a living museum of architecture, while Gizycko and Iława offer charming, peaceful alternatives.



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Giżycko



Name of clinic: NZOZ
Diaverum w Giżycku
Date opened: 2010
Number of dialysis stations: 16
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: no



Iława

Name of clinic: NZOZ
Diaverum w Iławie
Date opened: 2009
Number of dialysis stations: 18
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: no

Warmia and Masuria, a province in north east Poland, is characterised by lakes and forests. Some of the lakes are linked by rivers and channels, forming miles of navigable waterways. The region is rich in parks and nature reserves.

★ **Don't miss:**

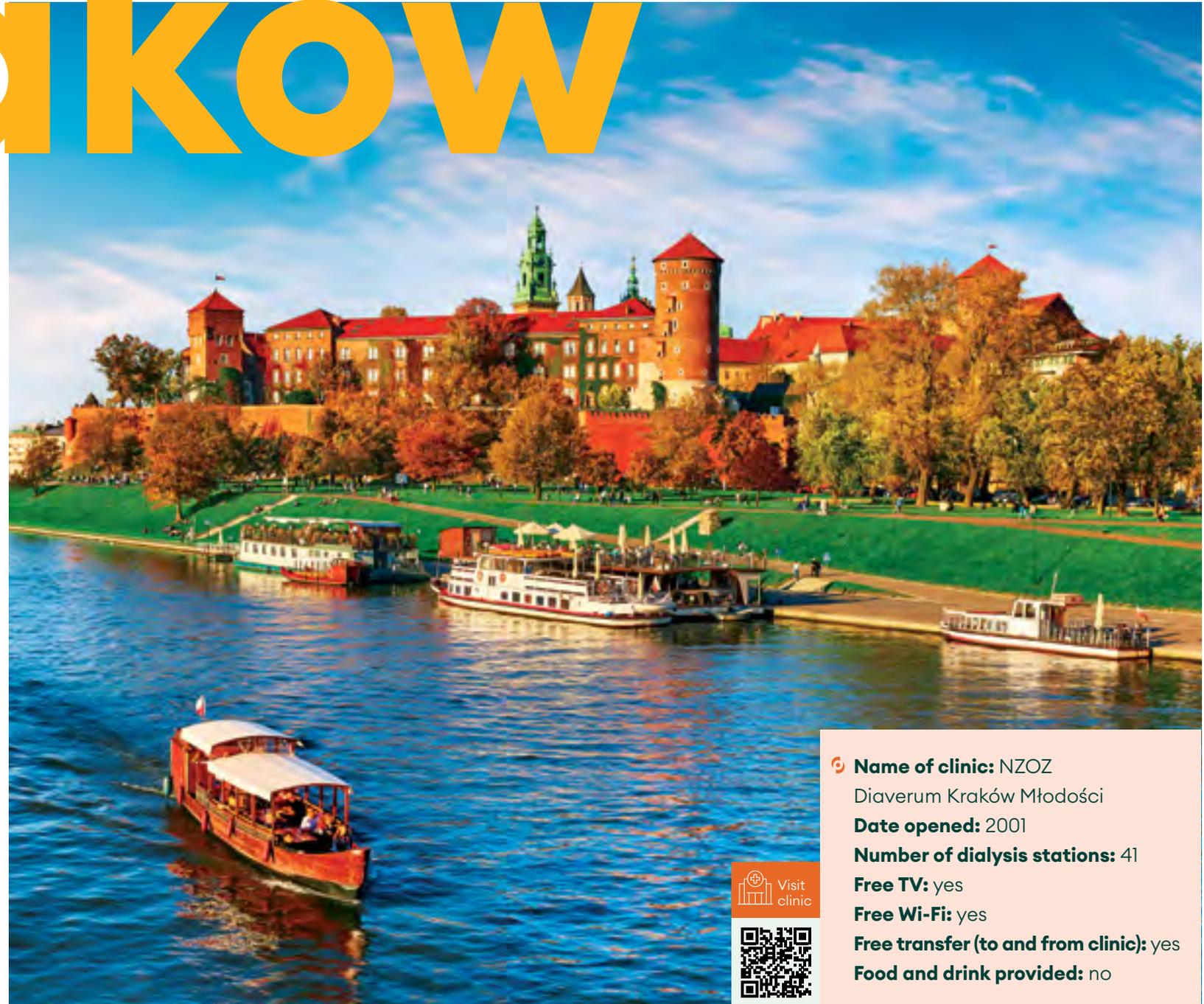
- **Mikołajki** – lying directly on the Great Masurian Lakes, the petite town of Mikołajki is a popular holiday and water sports resort, rightly dubbed “the Pearl of the Masuria”. Its annual **Festival of Sailors’ Songs**, featuring the finest performances of shanties, attracts a number of visitors each year;
- **Olsztyn** – visit the Gothic castle Nicolaus Copernicus, take a stroll through the old town hall, or simply enjoy the nature in the central park;
- **Krutynia Canoeing Trail**, which is almost 100 km long, is considered one of the most picturesque trails in Europe. Six nature reserves have been set up around the river, which guarantees you a communion with unspoilt nature.

Kraków

Lesser Poland is worth a visit. **Kraków**, the former capital city of Poland, is beautiful, and rich in interesting history.

★ **Don't miss:**

- **Wieliczka Salt Mine** – over nine centuries of salt extraction, the Wieliczka Salt Mine has become an underground city. Its attractions include labyrinthine passageways, an underground emerald salt lake, four chapels and numerous statues carved of rock salt. There are more than 20 mining workings carved in salt, located at depths from 64 to 135 metres (including the most beautiful St. Kinga's Chapel);
- **Old Town (the Wawel Castle)** – declared a UNESCO World Heritage Site in 1978, Wawel was the residence of the kings of Poland for five centuries (1038-1596). The castle is located in the centre of Kraków, on the Vistula River. It's now a museum containing five separate sections: Crown Treasury and Armoury, State Rooms, Royal Private Apartments, Lost Wawel and the Exhibition of Oriental Art.



Name of clinic: NZOZ
Diaverum Kraków Młodości
Date opened: 2001
Number of dialysis stations: 41
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: no

Germany

68 Stralsund
69 Potsdam
69 Hamburg

Germany, located in the heart of Europe, offers an ever-changing landscape of forests, rivers, mountains and beaches. You'll encounter history and imposing castles that watch over quaint houses on cobbled streets. Germany's urban setting is equally rewarding for visitors, with world-class art and music events happening all year round, as well as a rich, flavourful cuisine.



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Stralsund

Stralsund, located on the Baltic Coast, is the ideal destination for a mix of culture, relaxing beach vacation and nature activities.

★ **Don't miss:**

- **Old Town** – stroll through the historic old town, which became a UNESCO World Heritage Site in 2002;
- **Beach** – the 450 metres long beach of Stralsund offers many leisure activities, with a wonderful view of the Island of Ruegen;
- **Harbour Cruise** – experience the old Hanseatic city from the water and relax during a ride through the port;
- Learn everything about the sea in the **German Oceanographic Museum or Ozeaneum**;
- **Ruegen** – Germany's largest island is only a stone's throw away. Take a bike and cross the bridge to the island.



Name of clinic: Diaverum Stralsund

Date opened: 2011

Number of dialysis stations: 29

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes

Other: three days a week the clinic offers late night shifts, so that you can enjoy your freedom during the day



Visit clinic





Within a charming cultural landscape with its castles and historic parks, **Potsdam** serves a wide range of interests and activities as a travel destination, with the capital of Berlin less than one hour away for those who are tempted to explore further.

★ **Don't miss:**

- **Sanssouci Castle** – built in Rococo style with vineyard terraces, this castle is probably the most famous sight and the city's landmark;
- **Old Town** – in particular the old market, with the **Nikolai Church** and the **Obelisk** is worth a visit;

- **Dutch Quarter** – the largest group of buildings in the Dutch Style outside the Netherlands, built in the middle of the 18th century.



📍 **Name of clinic:** Diaverum
Am Neuen Garten
Date opened: 2009
Number of dialysis stations: 40
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Enjoy the relaxed flair of **Hamburg**, the so-called Venice of the North. With about 2,500 bridges and endless canals, the fish market, many musical venues, the famous Reeperbahn and countless other sights, this city offers something for everyone.

★ **Don't miss:**

- **Port of Hamburg** – the third largest seaport after Rotterdam and Antwerp, you can take a harbour tour or a relaxed cruise on the Alster;
- **Port City** – the largest inner-city urban development project in Europe. As the newest Hamburg district, it connects the history of the former port area with new modern style, including the famous Elbphilharmonie;

- **Speicherstadt** – Hamburg's warehouse district is the world's largest warehouse complex and has been a UNESCO World Heritage Site since 2015. Particularly fascinating is the miniature wonderland, the largest model railway in the world;
- **Altes Land** – visit the biggest contiguous fruit-growing region in northern Europe, just south of Hamburg.



📍 **Name of clinic:** Diaverum
Schlankreye
Date opened: 2013
Number of dialysis stations: 36
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes

Sweden

71 Stockholm

Home of IKEA, the Nobel Prize, *Fika* – making time for friends – and ABBA. Situated in northern Europe, Sweden is a unique Scandinavian country comprised of thousands of coastal islands and inland lakes, extensive forests and glacial mountains. Along with its beautiful scenery, Sweden is often said to be the most sustainable country in the world, in part due to its use of renewable energy. Sweden is also known for its impeccable design credentials and attention to detail, making its spaces a joy to spend time in.



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Stockholm



Stockholm is a city built on 14 islands, connected by 54 bridges over two bodies of water – Lake Mälaren and the Baltic Sea. The Stockholm Archipelago, comprised of an astounding 24,000 islands and islets, is just a short ferry ride away. Whether you are interested in nature, culture, design, shopping, fine dining or meeting friendly people, Stockholm has something for everyone.

★ **Don't miss:**

- **ABBA The Museum** – more than just a museum, the permanent exhibition is full of ABBA memorabilia from stage outfits, instruments and gold records to awards, and much more;
- **The Vasa Museum** – The Vasa is the only preserved 17th century ship in the world and a unique art treasure. More than 95% of the ship is original, and it is decorated with hundreds of carved sculptures;
- **Drottningholm Palace** – one of Europe's largest palaces, with over 600 rooms, the Royal Palace is the official residence of His Majesty

the King of Sweden. It is open to the public and offers five museums;

- **Skansen** – a favourite among both Stockholmers and visitors, and a perfect family outing, Skansen is the oldest open-air museum in the world and also the Stockholm Zoo, with animals native to Scandinavia. Skansen is beautifully located on Royal Djurgården and offers spectacular views of Stockholm.
- **Birka** was an important Viking Age trading centre which handled goods from Scandinavia as well as many parts of the European continent and the Orient. It's located in Lake Mälaren, 30 km from Stockholm.

📍 **Name of clinic:** Diaverum Nacka

Date opened: 2017

Number of dialysis stations: 14

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): no

Food and drink provided: yes



Lithuania

73 Vilnius

73 Kaunas

The southernmost of the Baltic states, Lithuania offers an inviting mix of golden beaches, tranquil lakes and emerald-green forests.

The capital city, Vilnius, is a vibrant blend of history and creativity. Its baroque Old Town, winding cobbled streets, cosy cafés and lively cultural scene make it an ideal city break – whether you enjoy architecture, galleries or simply wandering and exploring at your own pace.

Lithuania's second-largest city, Kaunas, offers a different but equally charming experience. Known for its interwar architecture, riverside promenades and growing food and arts scene.



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Name of clinic: Diaverum Šeškinė
Date opened: 2020
Number of dialysis stations: 10
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: yes



Vilnius – Lithuania’s capital, a modern, homely and welcoming city full of creation and culture.

★ **Don’t miss:**

- **Parks** – almost half of Vilnius is surrounded by lush green forests and has rivers winding through the middle of the city;
- **Museum of Genocide Victims** – housed within the former headquarters of the KGB (and before, the Gestapo, Polish occupiers and Tsarist judiciary) is a museum dedicated to the Lithuanian resistance;

- **Gediminas Castle & Museum** – a hilltop location that offers panoramic views of Vilnius, it is the last of a series of settlements and fortified buildings occupying the site since Neolithic times;
- **Old Town** (Vilniaus senamiestis): one of the largest surviving medieval old towns in both Northern and Central Europe, it was included as a UNESCO World Heritage Site in 1994. Its numerous landmarks include the **Presidential Palace**, **Vilnius Cathedral** and the **National Museum of Lithuania**.



Kaunas is the second-largest city of Lithuania, and is located at the confluence of the two largest Lithuanian rivers – Neris and Nemunas.

★ **Don’t miss:**

- **Old Town** – characterised by its Gothic, Renaissance and Baroque buildings, especially in the western part. Notable landmarks include the **Kaunas Castle** and the **Historical Presidential Palace**;
- Kaunas is also proud of its great numbers of **museums**, that include the **Žmuidzinavičius Museum** and **War Museum of Vytautas the Great**, restaurants and bars;

- **Theatres** – Kaunas is notable for its rich culture. It is home to the **Kaunas Symphony Orchestra** and it also enjoys an old circus tradition;



Name of clinic: Diaverum Kaunas
Date opened: 2022
Number of dialysis stations: 17
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: yes

Albania

75 Vlorë

75 Korçë

On the Balkan Peninsula of southeast Europe, Albania is a small country offering an extensive paradise. From quiet beaches to stunning mountains, the scenery here rivals neighbouring Mediterranean resorts for their charm and beauty. The country is home to fascinating archaeological sites and castles, while the capital, Tirana, has a National History Museum and is known for its colourful architecture, including the pastel buildings that surround the city's focal point, Skanderbeg Square.



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Vlorë



Name of clinic: Qendra e Hemodializës Vlorë
Date opened: 2016
Number of dialysis stations: 20
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Vlorë – the queen of the Albanian Riviera, Vlorë sits at the junction of the Adriatic and Ionian Seas. Founded as an Ancient Greek colony and famous for its olive production, Vlorë was the setting for Albania's Declaration of Independence in 1912. The region is known for its traditional polyphonic music, folklore, exquisite culinary delicacies and some of the best beaches of the south.

★ **Don't miss:**

- **National Museum of Independence:** near the port, with a beautiful view of the sea. This modest, two-storey house is filled with the weight of history;

- **Mosque of Muradije** – a cultural monument of Albania. This mosque is a monument of enormous significance, protected not only for its history but also for its architecture, which is over five centuries old;
- **Canina Castle** – rises on the side of the Shushica Mountain, about 380 metres above sea level. The castle is believed to have been erected in the 3rd century BC;
- **Sazan Island** – Albania's largest island, a former military facility with secret bunkers and tunnels designed to withstand a nuclear attack, recently opened its secluded beaches and sites to the public.

Korçë



Korçë is considered the birthplace of Albania's literary and artistic identity, and the city's charm and traditions continue to reflect this heritage. Korçë's urban architecture, with its Ottoman, French and Roman influences, wide tree-lined boulevards and ample parks, provides a unique experience in Albania. The city's markets, monuments and mosques highlight the significance of this Balkan city.

★ **Don't miss:**

- **Korçë Cathedral** – The Cathedral of the Resurrection is a monumental, modern building rising in the centre of Korçë. The cathedral has a magnificent nave crowned with a dome. On the sides there are two square towers. The interior is made of mahogany;
- **National Museum of Medieval Art** – one of those places where

the modern and the old blend seamlessly together, creating an otherworldly, timeless space;

- **The Old Bazaar** – a big market with old streets filled with small shops, similar to eastern bazaars. In a parallel alley there is also a large food market occupying a long street and two big covered naves;
- **The National Education Museum** – the Museum shows the history of Albanian writing, publications, and the Albanian alphabet.



Name of clinic: Qendra e Hemodializës Korçë
Date opened: 2017
Number of dialysis stations: 35
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Romania

77 Braşov
78 Bucharest

Romania, in the south eastern part of central Europe, is a dynamic country rich in history, art and scenic beauty, this latter typified by the forested region of Transylvania. Relax beside the Danube River or step back in time as you visit one of the unique painted monasteries in Bucovina, the perfectly preserved hilltop citadel of Sighisoara, or the centuries-old villages of the Maramures region. Romania's many architectural treasures and vibrant & flourishing arts scene will delight and charm you.



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Braşov



Braşov, a charming city nestled in the heart of Romania, is known for its stunning medieval architecture, vibrant culture, and picturesque landscapes. Surrounded by the Carpathian Mountains, Braşov offers visitors a unique blend of history, natural beauty, and modern amenities.

★ **Don't miss:**

- **Council Square (Piaţa Sfatului)** – the historic heart of Braşov, known for its colourful baroque buildings, bustling atmosphere, and festive Christmas Market in December;
- **Black Church (Biserica Neagră)** – a 15th-century Gothic masterpiece and one of Eastern Europe's most significant landmarks, reflecting Braşov's rich cultural heritage;

- **Mount Tâmpa** – raising 400 meters above the Old Town, it offers panoramic views of Braşov's rooftops and surrounding landscapes. Accessible by a scenic hike or cable car;
- **Rope Street (Strada Sforii)** – one of the narrowest streets in Europe, originally designed for fire-fighters, it is a quirky and unique slice of Braşov's rich past;
- **Poiana Braşov** – just 15 kilometers from Braşov, this popular ski resort offers 24 kilometers of pistes and stunning winter landscapes from mid-November to mid-March.
- **Bran Castle** – famously known as "Dracula's Castle", this imposing fortress near Braşov offers a fascinating glimpse into Romania's history, legends, and myths.

Name of clinic: Diaverum
Braşov Nephrology and
Dialysis Centre
Date opened: 2009
Number of dialysis stations: 26
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): yes
Food and drink provided: yes



Bucharest

Bucharest, Romania's capital, known as "The Little Paris of the East" for its elegant architecture and vibrant culture, offers rich history, diverse cuisine, and lively nightlife.

★ **Don't miss:**

- **Palace of Parliament** – a symbol of dictator Ceaucescu's megalomania, Bucharest's Parliament is the second largest building in the world, beaten only by The Pentagon;
- **Old City Centre (Lipscani)** – stroll its bustling streets and admire the city's eclectic architecture, from neoclassical masterpieces like the Romanian Athenaeum to the Art Nouveau-style CEC Palace and Stavropoleos Monastery;
- **Cotroceni Palace Museum** – the epitome of royal grandeur which provides a glimpse into the lives of Romania's past rulers;
- **The Village Museum** – also known as the Dimitrie Gusti Museum, is an open-air museum that showcases traditional Romanian village life;
- **National Museum of Art of Romania** – housed in the former Royal Palace, discover impressive art collections and stunning palace architecture;
- **Macca-Vilacrosse Passage** – explore this road with its glass-covered arcade, cozy cafes, and unique

boutiques, for a taste of historical charm;

- **Ceaușescu House** – step back in time to explore the lavish lifestyle of Romania's former, controversial communist leader and gain insight into the country's history;
- **Therme Bucharest** – relax at Europe's largest thermal spa.



📍 **Name of clinic:** Diaverum Fundeni Centre of Excellence in Nephrology

Date opened: 2022

Number of dialysis stations: 63

Free TV: yes

Free Wi-Fi: yes

Free transfer (to and from clinic): yes

Food and drink provided: yes



Kazakhstan

80 Astana

80 Almaty

Kazakhstan, the ninth largest country in the world, a fascinating trans-continental country, mainly located in Central Asia with a smaller part west of the European Ural river. A country of mountain peaks, glaciers, deserts, canyons, clear lakes and rivers, Kazakhstan is home to five UNESCO World Heritage Sites, three cultural and two natural. They include the steppe and lakes of Saryarka, home to as many as 15-16 million birds, including many endangered species; Tamgaly, home to 5,000 rock carvings; and the Mausoleum of Khoja Ahmed Yasawi which, although incomplete, dates back to 1405 and provides a fascinating glimpse into the architectural style of the time.



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Astana



Astana is the capital of the Republic of Kazakhstan. It gained the status of a city on 26th September 1862 (when it was known as Akmolinsk) and by 2017 had a population of over a million people. Astana is in the north of the country, on the banks of the Yessil River. The city was previously called Nur-Sultan, in honour to the former president of Kazakhstan, Nursultan Nazarbayev. It was announced in 2022 that the city would revert to its former name Astana. Summers here are hot and dry, and winters cold & long. Astana’s infrastructure includes trade, transport, communications and construction.

★ **Don’t miss:**

- **Khan Shatyr** – a shopping mall with a monorail and a beach on the top floor with sand from the Maldives;

- **Bayterek Tower** – an architectural wonder, with an observation deck almost 100 metres above the ground, that gives a beautiful panoramic view over Astana;
- **Palace of Peace and Reconciliation** – this pyramid was specifically built to host the triennial Congress of Leaders of World and Traditional Religions. Inside there is also an opera house, museum and university. It reflects Kazakhstan’s history of cultural and religious tolerance;
- **The Central Park & Duman Entertainment Centre** – with an oceanarium and a ferris wheel;
- **Atameken Museum** – this open-air museum, housing all the major attractions of Kazakhstan in a miniature model, is also worth a visit.



📍 **Name of clinic:** Diaverum Haemodialysis Centre Astana
Date opened: 2019
Number of dialysis stations: 17
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Almaty is Kazakhstan’s largest city and was its capital until 1997. It is home to the famous “Aport” apple. Formerly known as Verny and Alma-Ata, this city is now home to around 2 million people and of national significance for culture & tourism. Almaty is home to the film studio “Kazakhfilm” as well as several theatres, galleries, museums and libraries, and is the only city in Kazakhstan with an underground metro.

★ **Don’t miss:**

- **Kok Tobe Cable car** – brings you to the top of the Kok Tobe Hill, where there is a small amusement park and zoo. But the main reason to come to Kok Tobe is its wonderful view over the city;

- **Zeleny Bazar (Green Bazaar)** – experience a Central Asian bazaar where you can buy souvenirs, dried fruit, spices and fresh vegetables;
- **Medeu** – the world’s highest ice-skating rink, with 10,500 m² of artificial ice, is in a wooded mountain valley 1,691 metres above sea level, 25 km south west of Almaty.



📍 **Name of clinic:** Diaverum Taugul
Date opened: 2019
Number of dialysis stations: 22
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes

North Macedonia

82 Gevgelija

83 Skopje

A beautiful Balkan destination, North Macedonia is a nation of ancient cities, mountains and lush forests. While small, it's home to some of Europe's most stunning scenery, including extinct volcanoes and lakes. A hidden gem with a lively culture, North Macedonia's delicious food and warm hospitality are a must to experience.



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Gevgelija

Known as the city of 260 sunny days a year, **Gevgelija** is always ready to welcome visitors with warm hospitality, relaxed walks, and a friendly atmosphere. Located at an altitude of just 64 metres, the city enjoys a distinct Mediterranean climate influenced by the Aegean Sea. It is a unique destination where, within an 85 km radius, visitors can experience everything from natural healing spas to a lake, a mountain and the sea. The region is also famous for its food, especially fresh figs, pomegranates, and delicious traditional dishes.

★ **Don't miss:**

- A comfortable and relaxing stay at one of the premium **5-star hotels**;
- **A visit to the City Library**, a beautiful architectural landmark, as well as local churches;
- **The natural thermal spas** (Negorski Banji) and Smrdliva Voda on Kožuf Mountain;
- A day trip to **Dojran Lake or the Greek coast** (both within a short drive).

 **Name of clinic:** Diaverum Gevgelija
Date opened: 2014; renovated 2025
Number of dialysis stations: 13
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Skopje

 **Name of clinic:** PHO
Diamed Makedonija – Vizbegovo
Date opened: 2014
Number of dialysis stations: 54
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



The largest city in the country, and the most important cultural centre in North Macedonia, the territory of **Skopje** has been inhabited since at least 4000 BC.

It's a city best enjoyed in the spring and autumn, when the weather is at its best for visiting the city's many attractions.

★ **Don't miss:**

- **Old Bazaar** – a beautiful part of the city dating back to the 12th century, when Skopje was under Ottoman rule;
- **Canyon Matka** – known as the valley of butterflies, it is home to 77 indigenous species; one of the region's most popular outdoor destinations, with an alpine training centre, river rafting, and restaurants, set among picturesque nature with rich vegetation and animal life;
- **Mountain Vodno** – rises 1,061 metres above Skopje, and is home to a monastery a park with a forest, accommodation, catering facilities, hiking trails, and wide panoramic views across the city;
- **The Skopje Fortress**, commonly referred to as Kale (the Turkish word for “fortress”), is a historic fortress located in the old town, thought to have been built between the 10th and 11th centuries.

Uruguay

85 Punta del Este

86 Montevideo

While smaller compared to some of its neighbours, Uruguay has much to offer, from the cosmopolitan capital of Montevideo, to the lively Punta del Este. Venture outside Uruguay's urban scenes though, and you won't be disappointed – the country has a variety of beaches for sunbathing and watersports as well as wild, natural beachfront locations on the Atlantic coast that are ideal for wildlife-watching. Hot springs line up the Río Uruguay, making the country a truly unique and relaxing destination for holiday makers. Extending from the base of tall, rocky cliffs and highly developed, modern resorts.



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Punta del Este

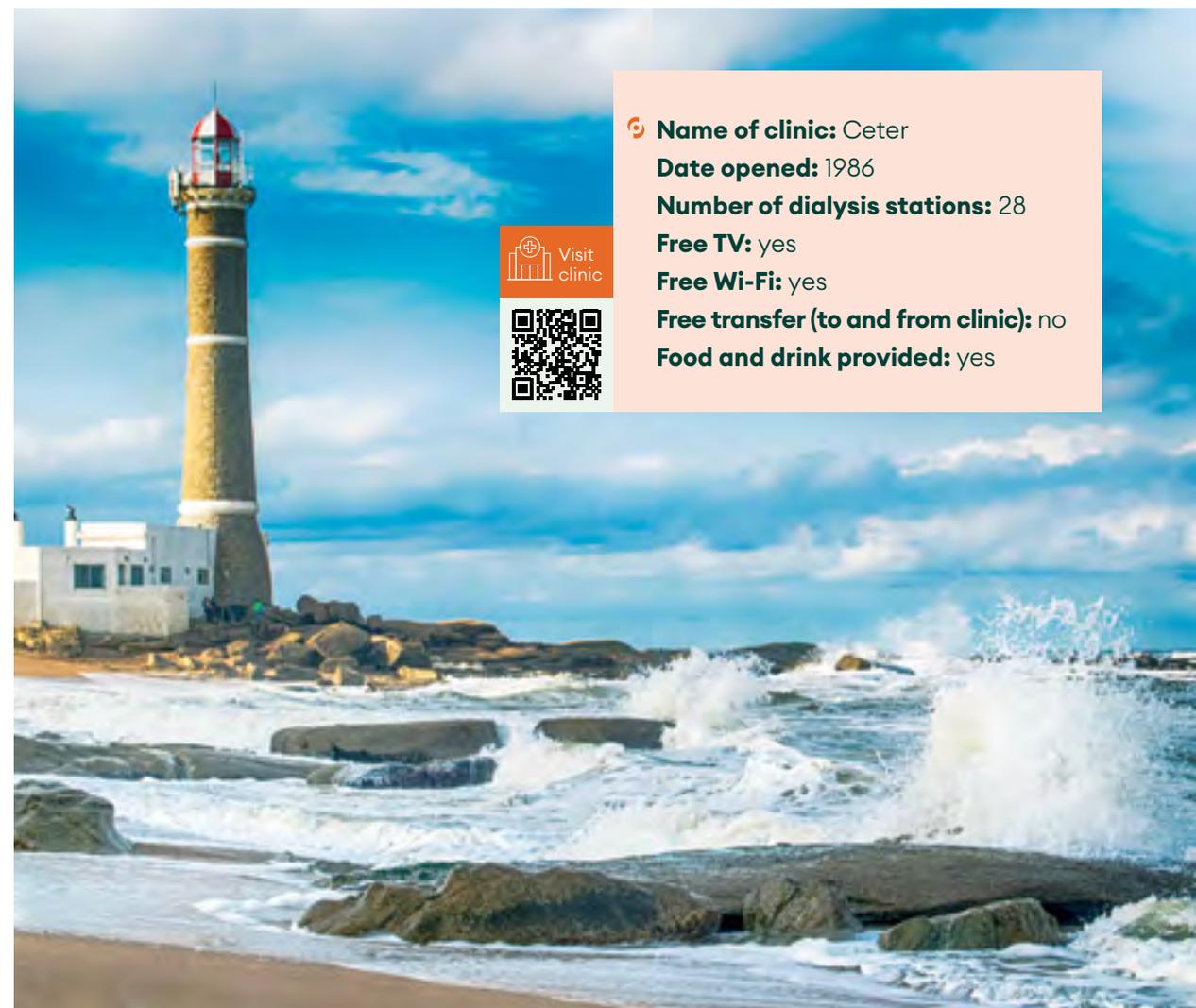
Punta del Este, in the south-east of Uruguay, is one of the most striking cities in Latin America. With its white sands, blue waters, dunes, islands, lagoons and forests, combined with varied and luxurious buildings, it offers a perfect balance between nature and architectural innovation.

★ **Don't miss:**

- The beaches of **Playa Mansa** and **Playa Brava** – both live up to their names; La Mansa, meaning "Calm", is ideal for young families and those wishing to enjoy a calm, peaceful swim. La Brava, or "the brave" from which Isla de Lobos can be seen, is suitable for the more adventurous, offering sailing sports during the winter months;
- **Los Dedos**, or "Man Emerging to Life" – a sculpture of five fingers

partially submerged in sand, located at Brava Beach. It was created in 1982 by Chilean artist Mario Irarrázabal;

- **Punta Ballena** – 15 km outside Punta del Este, where the cliffs create a Mediterranean feel. Visit **Casa Pueblo**, an iconic building that is now a hotel, gallery and café. On the west side, a small natural harbour is a centre for watersports. The beaches of Portezuelo and Solanas are also popular;
- **José Ignacio** – about 40 km east, this gorgeous town sees rugged and rustic fisherman's huts alongside luxurious mansions. Carnivals, concerts and relaxation co-exist here, especially from December to March, while you can also do watersports or enjoy greater calm in the mild winter months, July to October.



Visit clinic



Name of clinic: Ceter
Date opened: 1986
Number of dialysis stations: 28
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes



Montevideo

Facing a deep bay at the mouth of the Río de la Plata, Uruguay's capital city, **Montevideo**, blends historic areas with tall office towers and well-appointed shopping centres. It offers a variety of cultural activities and gastronomic options for its visitors.

★ **Don't miss:**

- **Ciudad Vieja** – or the Old City, is the heart of Montevideo, with its many museums, open-air markets, and restaurants, and thousands of international visitors each year;
- **The Bay of Montevideo** – is part of the Rambla, at over 22 kms, the world's longest continuous pavement. An integral part of Montevidean identity, it's a great place for diverse

social, sporting and tourist activities. Several prominent buildings such as the Pan-American Building, Montevideo Shopping and the Montevideo World Trade Centre stand out on the horizon;

- **Parque Prado** – the city's largest park, with a public rose garden of more than 10,000 roses spread among pergolas, domes, fountain and a botanical garden.

📍 **Name of clinic:** Clinica Modelo
Date opened: July 2015
Number of dialysis stations: 30
Free TV: yes
Free Wi-Fi: yes
Free transfer (to and from clinic): no
Food and drink provided: yes
Other: the clinic accepts Hepatitis B+ patients



Clinic list

Albania

Gendra e Hemodializës

Diaverum Vlorë

Rr Mitaq Sallata

9401 Vlorë

Tel.: +355 676041270

Gendra e Hemodializës

Diaverum Shkodër

Rr Kolë Heqimi

4001 Shkodër

Tel.: +355 676041269

Gendra e Hemodializës

Diaverum Lezhë

Rruga e Spitalit

4501 Lezhë

Tel.: +355 676041268

Gendra e Hemodializës

Diaverum Elbasan

L. Haxhias

3001 Elbasan

Tel.: +355 676050508

Gendra e Hemodializës

Diaverum Korçë

Blv Fan S Noli

7001 Korçë

Tel.: +355 676050509

Brazil

Diaverum Cirurgia

Av. Des. Maynard, 174, Anexo I

49055-210 Aracaju SE

Tel.: +55 79 32164800

Diaverum Guarulhos

Rua Marret, 425 Vila Progresso

07095-140 Guarulhos SP

Tel.: +55 11 20876999

Diaverum Mauá

Av. Dom José Gaspar, 1454

09370-670 Mauá SP

Tel.: +55 11 34203005

Diaverum Mogi das Cruzes

Rua Gaspar Conqueiro, 641/647

08730-480 Mogi das Cruzes SP

Tel.: +55 11 47235100

Diaverum Santo André

Av. Portugal, 1051 e 1065 Centro

09040-011 Santo Andre SP

Tel.: +55 11 49942941

Diaverum São Jose

Rua Largato, 1784, São José

49045-270 Aracaju SE

Tel.: +55 79 40099800

Diaverum Suzano

Rua Gato Cinzento, 65,

08615-070 Suzano SP

Tel.: +55 11 47448399

Diaverum Taboão da Serra

Av. José Dini, 180

06763-015 Taboao da Serra SP

Tel.: +55 11 47877552

Diaverum Tatuape

Rua Potiguares, 171

03065-000 Tatuapé SP

Tel.: +55 11 22275481

Chile

Diaverum Bóbio

Cochrane 217

4070268 Concepción

Tel.: +56 226361423

Diaverum Temuco

Dinamarca 621, Of. 207

4810371 Temuco

Tel.: +56 226361433

Diaverum Villarrica

General Urrutia n° 020

4931360 Villarrica,

Región de Araucanía

Tel. +56 226361434

Diaverum Concepción

Rancagua 117,

Pedro de Valdivia Bajo

Tel.: +56 226361417

Diaverum Los Angeles

O'Higgins 382

4430286 Los Angeles

Tel.: +56 226361438

Diaverum Cañete

Simon Bolívar 543

4390380 Cañete

Tel.: +56 226361442

Diaverum Puente Alto

Avda, Concha y Toro 2161

8150000 Santiago

Tel.: +56 226361446

Diaverum Colina

Aconcagua 248

9340000 Colina

Tel.: +56 226361452

Diaverum Independencia

Bezanilla 1285

8380000 Independencia,

Región metropolitana

Tel.: +56 226361455

Diaverum Melipilla

Serrano 818

9580825 Melipilla

Tel.: +56 226361460

Diaverum Talagante

Maria Teresa Nuñez 761

9670000 Talagante

Tel.: +56 226361465

Diaverum San Antonio

Calle Arzobispo Casanova 245

2660287 San Antonio

Tel.: +56 226361470

Diaverum Quinta Normal

Jose Maria Caro 2418

8520669 Quinta Normal

Tel.: +56 226361479

Diaverum Arica

18 se Septiembre

1001199 Arica,

Región de Arica y Parinocota

Tel.: +56 226361484

Diaverum Llay Llay

Manuel Montt 207

2220100 Llay-Llay

Tel.: +56 226361491

Diaverum San Felipe

Maipú 264

2171792 San Felipe

Tel.: +56 34519381

Diaverum Quillota

Blanco Encalada n 36

2260406 Quillota

Tel.: +56 995968695

Diaverum La ligua

Santa Teresa n 906

2030133 La Ligua

Tel.: +56 226361495

Diaverum La Calera

Blanco Encalada 362

2290564 Calera

Tel.: +56 962739483

Diaverum Valparaiso Sur

Edwards 660, Valparaiso

Tel.: +56 226361400

Diaverum Viña del Mar

Artegui 333, Oficina 208, Viña del Mar

Tel.: +56 226361400

Diaverum Valparaíso Norte

Francisco Valdés Vergara 643,

Valparaíso

Tel.: +56 226361400



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China

Integrated Dialysis Facility (HK) Limited

RM 811A, Champion Building 301
Nathan Road KL
999077 Hong Kong
Tel.: +852 23850945

Wuhu Diaverum Dialysis Center

Room 401 in 4th floor of Baorui Mall, West
Yikesong Road, Wuhu County
241103 Wuhu
Tel.: + 86 25 8345 0196

Ningguo Diaverum Dialysis Center

1026 Building A, Yaxia International Car
City, No. 55 Ningyang West Road
242300 Ningguo
Tel.: + 86 553 8918 100

Guangzhou Zengcheng Diaverum Dialysis Center

Room A010, 1st Floor, No. 99 Xiajie
Avenue, Licheng Street, Zengcheng
511399 Guangzhou
Tel.: + 86 20 3216 3464

Guangzhou Huangpu Diaverum Dialysis Center

Room 402, Huirun Plaza, No.298 of
Huangpu East Road, Huangpu Area
510700 Guangzhou
Tel.: +86 20 8162 3654

Wuxi Xishan Diaverum Dialysis Center

No.1 Ronghui Road, Xishan Area
214101 Wuxi
Tel.: +86 510 8899 3956

Wuxi Liangxi Diaverum Dialysis Center

Room 1007, No.800 Xingyuan West Road,
Liangxi Area
214000 Wuxi
Tel.: +86 510 8899 1532

France

Centre de Dialyse Diaverum Mulhouse

55, rue du Docteur Léon Mangeney
68100 Mulhouse
Tel.: + 33 389 45 73 89

Centre de Dialyse Diaverum Arles

860, chemin de Fourchon CS 10282
13633 Arles
Tel.: + 33 490 52 15 20

Centre de Dialyse Diaverum Marseille St Joseph

31, boulevard de Louvain – CS 70036
13285 Marseille cedex 08
Tel.: + 33 491 17 87 00

Centre de Dialyse Diaverum Paris Mont Louis

11, passage Courtois
75011 Paris
Tel.: + 33 149 23 83 43

Centre de Dialyse Diaverum Paris Saint Maur

12, rue Saint Maur
75011 Paris
Tel.: + 33 140 24 38 90

Centre de Dialyse Diaverum Angers

146, square de Lattre de Tassigny
49000 Angers
Tel.: + 33 241 79 76 76

Centre de Dialyse Diaverum Montereau

2, Parking de la Faïencerie
77130 Montereau
Tel.: + 33 160 57 53 00

Centre de Dialyse Diaverum Château Gontier

7, rue des Quatre Vents
53200 Chateau Gonthier
Tel.: +33 243 12 29 10

Centre de Dialyse Diaverum Draguignan

345, avenue Pierre Brossolette
83300 Draguignan
Tel.: + 33 498 10 68 68

Centre de Dialyse Diaverum Avon

38, avenue Franklin Roosevelt
77210 Avon
Tel.: + 33 160 72 89 49

Centre de Dialyse Diaverum Marseille Hôpital Européen

6, rue Désirée Clary
13331 Marseille cedex 03
Tel.: + 33 413 42 82 72

Centre de Dialyse Diaverum Salon de Provence

22, avenue du 22 Août 1944
13300 Salon de Provence
Tel.: + 33 490 56 60 00

Centre de Dialyse Diaverum Marignane

Avenue du Général Raoul Salan
13700 Marignane
Tel.: + 33 442 78 77 90

Centre de dialyse Diaverum CCN

32/36, rue des Moulins Gémeaux
93200 Saint-Denis
Tel.: +33 149 21 03 28

Centre de Dialyse Diaverum Pantin

14-18, rue Hoche
93500 Pantin
Tel.: + 33 148 91 93 59

Centre de Dialyse Diaverum Epinay

104-106, avenue du Maréchal De Lattre
de Tassigny
93800 Epinay sur Seine
Tel.: + 33 148 41 53 67

Centre de Dialyse Diaverum Paris Jaurès

29-31, 29 rue Bouret
75019 Paris
Tel.: +33 140372230

Centre de Dialyse Diaverum Saint-Denis

30, rue Diderot
93200 Saint-Denis
Tel.: +331 42 35 68 68

Germany

Diaverum MVZ Am Neuen Garten – Standort Potsdam

Am Neuen Garten 11
14469 Potsdam
Tel.: +49 331280690

MVZ Diaverum Erkelenz

Tenholter Str. 43a
41812 Erkelenz
Tel.: +49 2431 945080

MVZ Diaverum Erkelenz – Standort Heinsberg

Stiftsstraße 21
52525 Heinsberg
Tel.: +49 24522790

MVZ Diaverum Kleve

Hoffmannallee 41-51
47533 Kleve
Tel.: +49 282124159

MVZ Diaverum Kleve – Zweigpraxis Kleve Klinikum

Albersallee 5-7
47533 Kleve
Tel.: +49 282117688

MVZ Diaverum Neubrandenburg

Johannesstr. 12
17034 Neubrandenburg
Tel.: +49 3954550380

MVZ Diaverum Neubrandenburg – Zweigpraxis Anklam

Hospitalstraße 19
17389 Anklam
Tel.: +49 39718346600

MVZ Diaverum Remscheid

Rosenhügelstr. 4a
42859 Remscheid
Tel.: +49 219149510

MVZ Diaverum Stralsund

Jungfernstieg 4c
18437 Stralsund
Tel.: +49 3831703590

MVZ Diaverum Stralsund – Zweigpraxis Grimmen

Friedrichstraße 26
18507 Grimmen
Tel.: +49 3832686776

MVZ Diaverum Prignitz – Perleberg

Karl-Liebknecht-Str. 13a
19348 Perleberg
Tel.: +49 38767910612

MVZ Dialyse Alter Teichweg

Alter Teichweg 59-61
22049 Hamburg
Tel.: +49 406116540

MVZ Dialyse Schlankreye

Schlankreye 38
20144 Hamburg
Tel.: +49 40423 1030



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MVZ Diaverum Neubrandenburg**Zweigpraxis am Klinikum**

Salvador-Allende-Str. 30
17036 Neubrandenburg
Tel.: +49 395 775 3083

MVZ Diaverum Neubrandenburg**Zweigpraxis Neustrelitz** (limited care,
no doctor)

Penzlingerstr. 62
17235 Neustrelitz
Tel.: +49 3981 205202

Greece**Diaverum Peristeri (Medifil)**

Leof. Konstantinoupoleos 45
121 32 Athens
Tel.: +30 2105766212

Diaverum Ilion (Medifil)

Leof. Thivon 662
13122 Athens
Tel.: +30 215 5607730

Diaverum Koropi (Nefrologiki)

Attikis 39
194 00 Athens
Tel.: +30 2106022227

**Diaverum Agia Paraskevi
(Attiko Kentro Nefrou)**

Al. Panagouli 61
153 43 Athens
Tel.: +30 2106084171

Diaverum Livadia (Nefrologiki)

Achilleos & Thessalonikis
321 31 Livadia
Tel.: +30 22610 80360

Diaverum Chalkida (Alexia)

Stiron Str 2
341 00 Chalkida
Tel.: +30 2221020160

Hungary**Diaverum Dialízis Központ / László**

Kórház
Albert Flórián út 5-7.
1097 Budapest
Tel.: +36 12190806

Diaverum Dialízis Központ / Szolnok

Tószegi u. 21.
5000 Szolnok
Tel.: +36 56424404

Diaverum Dialízis Központ / Karcag

Zöldfa u. 48.
5300 Karcag
Tel.: +36 59503055

Diaverum Dialízis Központ /**Zalaegerszeg**

Zrínyi M. u. 1.
8900 Zalaegerszeg
Tel.: +36 92328200

Diaverum Dialízis Központ / Kalocsa

Selyemerdő u. 1.
6300 Kalocsa
Tel.: +36 78462782

Diaverum Dialízis Központ / Baja

Vasvári Pál u. 38.
6500 Baja
Tel.: +36 79427990

Diaverum Dialízis Központ / Keszthely

Ady Endre u. 2.
8360 Keszthely
Tel.: +36 83511485

Diaverum Dialízis Központ /**Hódmezővásárhely**

Dr. Imre József u. 2.
6800 Hódmezővásárhely
Tel.: +36 62247637

Italy**Diaverum Bari**

Via Solarino, 1
70124 Bari
Tel.: +39 0805046285

Diaverum Castelvetro

Via Centonze, 3
91022 Castelvetro
Tel.: +39 0924932100

Diaverum Copertino

Via Goffredo Mameli, 26
73043 Copertino
Tel.: +39 0832934357

Diaverum Corato

Via Trani, 140
70033 Corato
Tel.: +39 802143710

Diaverum Fondi

Via Arnale Rosso, 124
04021 Fondi
Tel.: +39 0771537717

Diaverum Grottaglie

Via Partigiani Caduti, 15
74023 Grottaglie
Tel.: +39 0995623749

Diaverum Ladispoli

Via Aldo Moro, 32
00055 Ladispoli
Tel.: +39 069947443

Diaverum Latina

Via dei Cappuccini, 26
04100 Latina
Tel.: +39 0773610001

Diaverum Marsala

Via F. Crispi, 86/bis
91025 Marsala
Tel.: +39 0923719560

Diaverum Mesagne

Via Francesco Muscogiuri, 43-47
72023 Mesagne
Tel.: +39 08311810670

Diaverum Nissoria

Via dell'Orto, 1
94010 Nissoria
Tel.: +39 0935669580

Diaverum Palagonia

Via Palermo, 40
95046 Palagonia
Tel.: +39 0957951016

Diaverum Ribera

Via Roma, 63
92016 Ribera
Tel.: +39 092562455

Diaverum Roma

Via Luca Gaurico, 215
00143 Roma
Tel.: +39 0651530542

Diaverum Sciacca

Via Einaudi Angolo Via Segni
92019 Sciacca
Tel.: +39 09251952002

Diaverum Taranto

Via Latartara, 29/31
74123 Taranto
Tel.: +39 0997795185

Diaverum Catania

Via Giuseppe Morgia, 4
95121 Catania
Tel.: +39 0957221455

Diaverum Paternò

Via dei Coralli
95047 Paternò
Tel.: +39 095846416

Diaverum Adrano

Viale della Regione, 129
95031 Adrano
Tel.: +39 0957693285

Diaverum Brucoli

Contrada. Oliveto P.D.L. – Brucoli Mare
96011 Brucoli Mare
Tel.: +39 0931982703

Diaverum Lentini

Via Fratelli Bandiera, 13
96016 Lentini
Tel.: +39 095901981

Diaverum Barcellona**Pozzo di Gotto**

Via Generale Cambria, 2
98051 Barcellona Pozzo di Gotto
Tel.: +39 0909791014

Diaverum Petralia Soprana

Via XXV Aprile, 95
90026 Petralia Soprana
Tel.: +39 0921640189



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Kazakhstan

Diaverum ZhDB Almaty

Almaty city, Akan Sery street, 36.
Tel.: +7 771 713 0539

Diaverum Kaskelen

Kaskelen city, Tole bi street 29
Tel.: +7 771 709 0331

Diaverum Prime

Almaty city, Aksai-3b microdistrict,
building No. 30/1
Tel.: +7 771 765 1599

Diaverum Taugul

Almaty city, Taugul microdistrict - 1,
building 91 a
Tel.: +7 771 780 2121

Diaverum Zhas Kanat Almat

Almaty city, st. Zhas-Kanat, 363,
Tel.: +7 771 765 1580

Diaverum Al-Farabi

Almaty city, Koktobe, 1,
Tel.: +7 771 742 9924

Diaverum Gres

Otegen Batyr village, st. Gagarina, 4A,
Tel.: +7 771 705 7464

Diaverum Uzynagash

Uzynagash village, st. Abaya, 52 M,
Tel.: +7 777 524 8473

Diaverum Shele

Shelek village, st. Vikhrevva, 98,
Tel.: +7 771 713 0593

Diaverum Taldykorgan

Taldykorgan city, Pushkin street 261,
Tel.: +7 771 766 3340

Diaverum Zharkent

Zharkent city, st. Tabynbaeva 37 A,
Tel.: +7 771 504 6878

Diaverum Astana

Astana city, Zhansugurova street 12/1,
Tel.: +7 701 540 7090

Diaverum Chubary

Astana city, Khalel Dosmukhameduly
street, building 23 A.,
Tel.: +7 705 278 0534

Diaverum Nur Sultan

Astana city, st. Ryskulova, 8, block G,
Tel.: +7 702 891 0805

Diaverum Karaganda

South-East, Address: Karaganda city,
Ryskulova st. 7/2
Tel.: +7 777 967 7711

Diaverum Maykuduk

Karaganda city, Shchorsa street, 53, Tel.:
Tel.: +7 771 285 4053

Diaverum Temirtau

Temirtau city, St. Abaya 53/2,
Tel.: +7 771 395 9807

Diaverum Temirtau 2

Temirtau city, Bauyrzhan Momyshuly
Avenue, building 54 A,
Tel.: +7 771 765 1550

Diaverum Balhash

Balhash, Hospital town,
Tel.: +7 702 281 6141

Diaverum Zheskazgan

город Жезказган, ул. Абая, 99,
Tel: +7 708 521 8435

Diaverum Osakarovka

Osakarovka village,
Shkolnaya Street 124,
Tel.: +7 702 112 8842

Diaverum Topar

Topar village, st. Gipokrata, 1,
Tel.: +7 777 570 1083

Diaverum Karkaraly,

Karkaraly village, st. Zhana-Akyna, 24,
Tel.: +7 707 101 0211

Diaverum Maikuduk 2

Karaganda city, 15 microdistrict,
building 7,
Tel.: +7 771 285 4053

Diaverum Shakhtinsk

Shakhtinsk, st. Kazakhskaya, 97,
Tel.: +7 701 557 2950

Diaverum Satpayev

Satpayev city, st. Kusainova, 9,
Tel.: +7 777 279 3117

Diaverum Kokshetau

Kokshetau city,
Old Airport microdistrict, 1U
Tel.: +77717090358

Diaverum Shchuchinsk,

Shchuchinsk city,
Bolnichny Gorodok, 1 A,
Tel.: +7 771 3959821

Diaverum Kostanay

Kostanay city, Lermontov street 28/1,
Tel.: +7 771 780 2299

Diaverum Aktobe

Aktobe city, Aviagorodok, 34G,
Tel.: +7 707 893 9323

Diaverum Uralsk

Uralsk city, Savicheva street 85/2,
Tel.: +7 771 709 0374

Diaverum Uralsk 2

Uralsk, st. Zhenys 1/1,
Tel.: +7 771 709 0326

Diaverum Aksay

Aksai village, Shift camp no. 1,
Tel.: +7 771 709 0326

Diaverum Atyrau

Atyrau city, Avangard,
3-microdistrict, 42 A,
Tel.: +7 778 103 4466

Diaverum Kulsary

Kulsary city, st. Bisenkulova 33,
Tel.: +7 771 713 0537

Diaverum Aktau

Aktau city, 26 microdistrict, 62\1,
Tel.: +7 701 777 8762

Diaverum Kyzylorda

Kyzylorda city, Nursultan Nazarbayev
Avenue, building 72,
Tel.: +7 705 888 5181

Diaverum Kazaly

Kazaly city, st. Karasakal Yerimbet 92
Tel: +7 771 395 9814

Diaverum Zhanakorgan

Zhanakorgan city, st. B. Mailin b/n.
Tel.: +7 771 395 9812

Diaverum Kyzylorda 2

Kyzylorda city, st. Zhakhaeva, 22.,
Tel.: +7 771 753 5582

Diaverum Kyzylorda 3

Kyzylorda city, Nursultan Nazarbayev
Avenue, building 44
Tel.: +7 771 395 9810

Diaverum Zhalagash

Zhalagash village, B.Etekbayuly street,
building 77
Tel.: +7 771 395 9810

Diaverum Baikonur

Baikonur city, Komarova 8
Tel.: +7 771 753 5582

Diaverum Taraz

Taraz city, Zhambyl Avenue, 121 A
Tel.: +7 771 766 3345

Diaverum Shymkent

Shymkent city, North-West microdistrict
Tel.: +7 771 761 4467

Diaverum Asykata

Asyk ata city, st. Kazybek Bi, building 19B
Tel. +7 778 847 1443

Diaverum Anastasia

Shymkent city, Baitursynov 5,
building 19B
Tel.: +7 771 713 0067

Diaverum Turkistan

Turkestan city, st. Kozhanov 50 A
Tel.: +7 771 753 5584

Diaverum Kulan

Kulan village, Tlepova street, building 2
Tel.: +7 701 918 1978



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Diaverum Burniy

Village B Momyshuly, Latikanta street,
building 6a, building 2
Tel.: +7 702 916 6591

Diaverum Zhetisay

Yntymak village, Korikti street
building 46b
Tel.: +7 771 780 2266

Diaverum Abay

Abay city, Artykova Street 129
Tel.: +7 771 765 1534

Diaverum Saryagash

Saryagash city,
A.Suleimenov street 20A
Tel.: +7 771 753 5581

Lithuania**Diaverum Vilnius**

Mindaugo str. 23
LT-03214 Vilnius
Tel.: +370 52135838

Diaverum Kėdainiai

Budrio str. 5
LT-57164 Kėdainiai
Tel.: +370 34756136

Diaverum Kaunas

Savanorių pr. 68,
LT-44147 Kaunas
Tel.: +370 37331537

Diaverum Kaišiadorys

Beržyno str. 27
LT-56172 Kaišiadorys
Tel.: +370 34660688

Diaverum Klaipėda

S. Nėries str. 20
LT-92228 Klaipėda
Tel.: +370 46345032

Diaverum Plungė

Telšių str. 13
LT-90162 Plungė
Tel.: +370 44871312

Diaverum Kretinga

Vytauto str. 51-1
LT-97132 Kretinga
Tel.: +370 44540455

Diaverum Jurbarkas

Vydūno str. 56
LT-74112 Jurbarkas
Tel.: +370 44751236

Diaverum Jonava

Žeimių str. 19
LT-55134 Jonava
Tel.: +370 34952743

Diaverum Elektrėnai

Taikos str. 6B
LT-26115 Elektrėnai
Tel.: +370 52832620

Diaverum Šalčininkai

Nepriklausomybės str. 38
LT-17115 šalčininkai
Tel.: +370 38051240

Diaverum Šilainiai

Baltų pr. 49B
LT-48233 Kaunas
Tel.: +370 37365280

Diaverum Šeškinė

Ukmergės str. 223-1
Vilnius LT-07156
Tel.: +370 52421777

Diaverum Kelmė

Birutės str. 7
LT-86142 Kelmė
Tel.: +370 42751782

Malaysia**Diaverum Subang Jaya**

Subang Dialysis Centre, 45 & 47,
Jalan SS 15/5A, SS 15,
47500 Subang Jaya, Selangor, Malaysia
Tel.: +60 3 56314484

Diaverum Kota Damansara

Thomson Hospital Kota Damansara, 11
Jalan Teknologi PJU 5, Kota Damansara
47810 Petaling Jaya, Selangor
Tel.: +60 3 62871111

Diaverum Sri Petaling

IMU Dialysis, 143-GF, Jalan Radin Bagus,
Bandar Baru Sri Petaling
57000 Sri Petaling, Kuala Lumpur,
Tel.: +60 3 90553499

Morocco**Centre d'hémodialyse d'Agadir**

Cité TALBORJT, Extension X Villa N° 10
80000 Agadir
Tel.: +212 528821583

Centre d'hémodialyse de Marrakech

Rue Allal Ben Ahmed angle Rue Abou
Hayan Taouhidi, quartier Hôpital civil,
Gueliz
40000 Marrakech
Tel.: +212 524435255

**Centre de néphrologie
et d'hémodialyse de Meknès**

12, Place Abdelkrim El Khatib
50000 Meknès
Tel.: +212 535514445

**Centre d'hémodialyse
de Meknès El Basma**

ICE: le siège social: lot Ismaïlia en face
de l'hôpital MED 5 /Meknès
50000 Meknès
Tel.: +212 535514445

Centre Hemodialyse Atlas

15, Rue Alaouiye - Gueliz - Marrakech
40000
Tel.: +212524438439

North Macedonia**Diaverum Vizbegovo**

str. Hasan Pristina no. 100,
1000 Skopje
Tel.: +389 22602222

Diaverum Zelezara

str. 16th Makedonska Brigada n.18
1000 Skopje
Tel.: +389 22656885

Diaverum Delcevo

bul. Makedonija n.4
2320 Delcevo
Tel.: +389 33435651

Diaverum Gevgelija

bul. Gevgelija nn
1480 Gevgelija
Tel.: +389 34223181

Diaverum Stip

str. Ljuben Ivanov n.25
2000 Stip
Tel.: +389 32303426

Diaverum Kočani

str. Milan Zechar n.21
2300 Kočani
Tel.: +389 33434894

Diaverum Strumica

str. 11th October n.3
2400 Strumica
Tel.: +389 34358094

Diaverum Kumanovo

str. Teofan Ekonomov n.51
1300 Kumanovo
Tel.: +389 31453718

Diaverum Kriva Palanka

str. Joakim Osogovski nn
1330 Kriva palanka
Tel.: +389 31424834

Poland**NZOZ Diaverum Gdańsk Kartuska**

Kartuska 4/6
80-104 Gdańsk
Tel.: + 48 583207155

NZOZ Diaverum w Gdyni

Powstania Styczniowego 1
81-519 Gdynia
Tel.: +48 586201163

NZOZ Diaverum w Giżycku

T. Kościuszki 24A
11-500 Giżycko
Tel.: +48 874281803

**NZOZ Diaverum
w Głubczycach**

Marii Skłodowskiej-Curie 26
48-100 Głubczyce
Tel.: +48 774853857

NZOZ Diaverum w Iławie

Gen. Władysława Andersa 3
14-200 Iława
Tel.: +48 896492366

NZOZ Diaverum w Janowie Lubelskim

Jana Zamoyskiego 149
23-300 Janów Lubelski
Tel.: +48 158724640

NZOZ Diaverum w Jarosławiu

Kruhel Pełkiński 19
37-500 Jarosław
Tel.: +48 166242248



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NZOZ Diaverum Katowice Ziołowa

Ziołowa 45/47
40-635 Katowice
Tel.: +48 322520146

NZOZ Diaverum Kielce Grunwaldzka

Grunwaldzka 45
25-736 Kielce
Tel.: +48 413473660

NZOZ Diaverum w Kościerzynie

Piechowskiego 36A
83-400 Kościerzyna
Tel.: +48 586862208

NZOZ Diaverum Kraków Młodości

Os. Młodości 11
31-908 Kraków
Tel.: +48 126866088

NZOZ Diaverum w Lubartowie

Słowackiego 7
21-100 Lubartów
Tel.: +48 818542648

NZOZ Diaverum Lublin Chodźki

Prof. Gębali 6
20-093 Lublin
Tel.: +48 817404658

NZOZ Diaverum Lublin Kraśnicka

Aleja Kraśnicka 100
20-718 Lublin
Tel.: +48 815374673

NZOZ Diaverum w Nysie

Bohaterów Warszawy 34
48-300 Nysa
Tel.: +48 774087916

NZOZ Diaverum w Przeworsku

Szpitalna 16
37-200 Przeworsk
Tel.: +48 166485892

NZOZ Diaverum w Sanoku

ul. 800-lecia 26
38-200 Sanok
Tel.: +48 134656217

NZOZ Diaverum w Starogardzie Gdańskim

dr J.Balewskiego 1
83-200 Starogard Gdański
Tel.: +48 585639809

NZOZ Diaverum w Tczewie

ul. 30 Stycznia 57/58
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Diaverum Dammam – Al Rayan

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Diaverum Nacka

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Unit A Briercliffe Shopping Centre,
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Darlington Dialysis Unit,

Unit 1-3 Russell Street Retail Park,
Darlington, DL1 1TB
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The Stockton Dialysis Centre,

Hardwick Road, Stockton-on-Tees, TS19 8PE
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Great Bridge Kidney Treatment Centre,

Unit 4&5 Line One Industrial Park, George Henry
Road, Great Bridge, DY4 7BU,
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Redditch

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Forest of Dean Dialysis Unit

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Laurie Soloman Renal Centre

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North Ormesby Dialysis Centre

North Ormesby Health Village, 13
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Clifton Dialysis Unit

Clifton Hospital, Pershore Roa
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Severn Dialysis Unit

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Cotswolds Dialysis Unit

Gloucestershire Royal Hospital
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Crawley Kidney Treatment Centre

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Colchester Dialysis Unit

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Ipswich Renal Unit

Ipswich Hospital
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Eastbourne Kidney Treatment Centre

Chaucer Business Park
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South Nottingham Dialysis Unit

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Find out more about Diaverum's
clinics and locations around
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Diaverum is a Swedish-born, multinational healthcare organisation that provides life-enhancing renal care to patients with chronic kidney disease, empowering them to live fulfilling lives.

Our vision is to transform renal care, delivering and broadening access to the highest quality of kidney care for patients around the world. At the heart of what we do is our standardised care delivery model, continuously evolving digital & AI infrastructure and people caring for patients with competence, passion and inspiration.

As a global leader and the largest independent renal service provider in Europe, we have 14,500 healthcare professionals caring for around 44,500 patients across more than 450 clinics in 24 countries globally. We provide renal care personalised to patients' needs and choices, offering a portfolio of treatments ranging from preventive care, haemodialysis, peritoneal dialysis and home care, to the coordination of patients' comorbidities and holiday dialysis.

Founded in 1991 in Malmö, Sweden, Diaverum is part of the M42 group of companies, a first-of-its-kind integrated health powerhouse committed to the sustainable future of health.

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