



The d.HOLIDAY Travel Guide 2026 is out today 🌍

Today, 21 February, we celebrate **International Tourist Guide Day** and we're proud to release the d.HOLIDAY Travel Guide 2026. This new edition is designed to make travel with dialysis easier, safer, and more inspiring. It combines practical guidance, real patient perspectives, and destinations within the Diaverum network where dialysis can be arranged while you travel.

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New articles

Why travel matters beyond the holiday

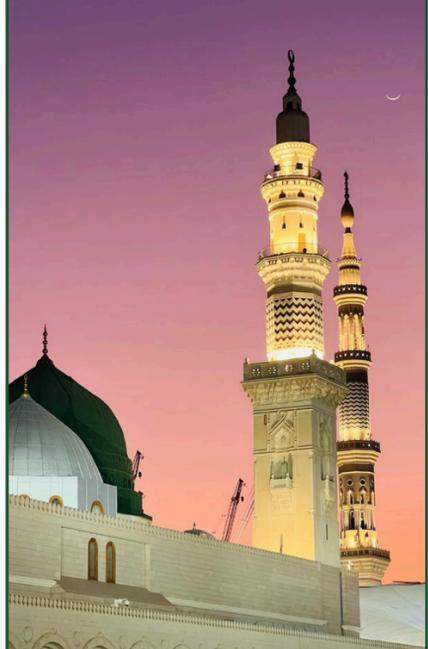
Daniel Gallego, President of the **European Kidney patient Federation (EKPF)**, shares a **powerful perspective** on why travel is about more than a destination - it's about freedom, dignity, and quality of life. He highlights what truly makes travel possible for dialysis patients: coordination, communication, and continuity of care.



New destinations

Near or far - there's a destination for everyone

Every year, our d.HOLIDAY network grows. Across 24 countries, new destinations are added to support holiday dialysis. This year, we're delighted to introduce **Al-Madinah Al-Munawwarah** and **Makkah Al-Mukarramah** in Saudi Arabia, along with new highlights across our network.



Featured story

Meet our d.HOLIDAY Coordinator in Saudi Arabia

From Sweden to Brazil, across all 24 countries in our network, dedicated d.HOLIDAY support is available throughout your travel journey. In this edition, we meet **Walaa Al Sabbagh**, d.HOLIDAY Coordinator in Saudi Arabia who shares what patient-focused coordination looks like in real life and how the right planning can make everything possible, from studying abroad to a dream cruise, with dialysis arranged along the way.



New recipes

Kidney-friendly meals

Sticking to your nutritional advice while travelling can be challenging. To support you, we've added new kidney-friendly recipes in the d.HOLIDAY Travel Guide 2026, including clear nutritional information to help you make confident choices on the go.



Wherever you're heading next, planning ahead makes travel with dialysis smoother and more comfortable. Download your copy of the **d.HOLIDAY Travel Guide 2026** for inspiration, new destinations, and practical guidance — all in one place.

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Life- enhancing renal care

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