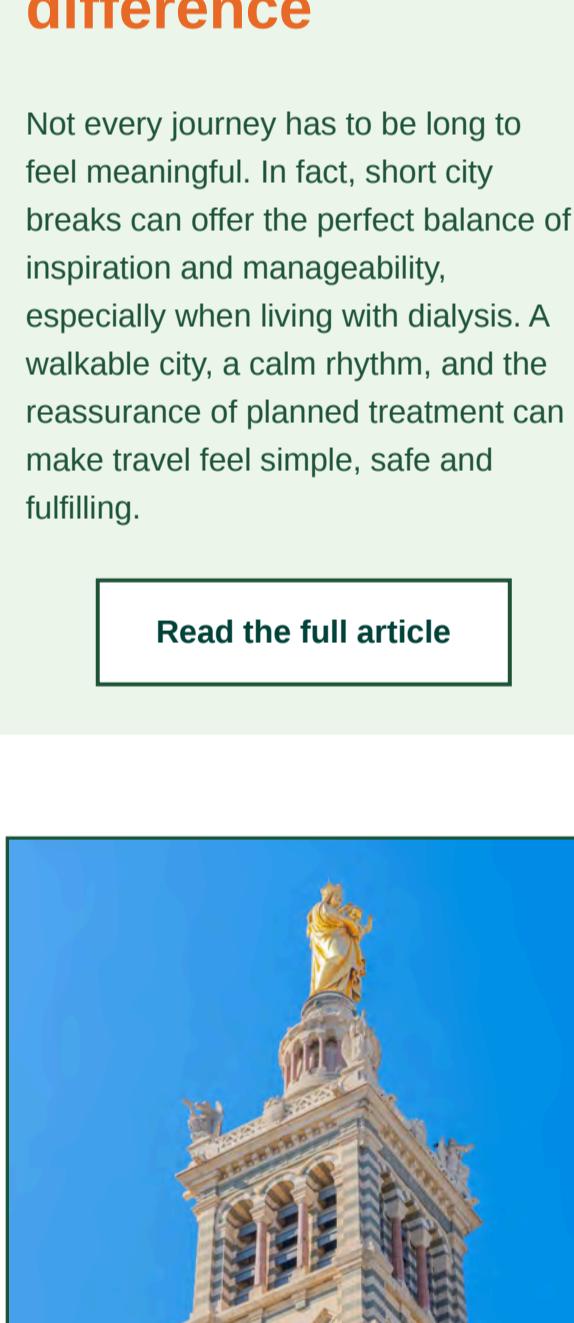


Two cities. Two cultures. One easy way to travel.

Culture rich city breaks without the rush

January is often about planning rather than packing. It's a moment to look ahead, reflect on what kind of travel truly adds value, and choose experiences that feel inspiring, manageable and enriching.

This month, we invite you to discover Krakow and Marseille. Two cities with strong identities and rich histories, yet perfectly suited for shorter city breaks.



Krakow, Poland

Krakow is one of Europe's best-preserved historic cities – where cobbled streets, quiet courtyards and café culture invite you to slow down and stay curious.

Don't miss:

- **Old Town & Main Square** – one of Europe's largest medieval squares, easy to explore on foot
- **Kazimierz district** – soulful streets, art, music and relaxed dining
- **Vistula River walks** – flat, scenic paths perfect for gentle strolls

[Book your holiday dialysis treatment in Krakow](#)

Short city breaks can make a big difference

Not every journey has to be long to feel meaningful. In fact, short city breaks can offer the perfect balance of inspiration and manageability, especially when living with dialysis. A walkable city, a calm rhythm, and the reassurance of planned treatment can make travel feel simple, safe and fulfilling.

[Read the full article](#)

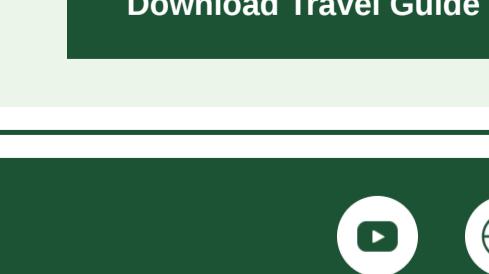
Marseille, France

Marseille is raw, real and full of character. France's oldest city blends sea air, history and multicultural energy – without feeling polished or rushed.

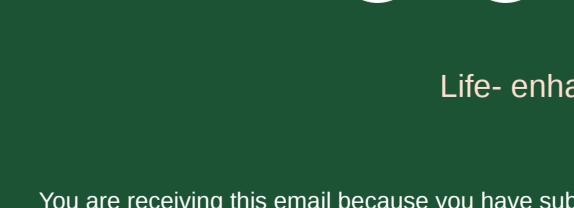
3 moments not to miss:

- **Vieux-Port mornings** – fishermen, cafés and harbour life
- **Le Panier** – colourful streets, local art and small squares
- **Notre-Dame de la Garde** – topped with a gilded statue of the Virgin and Child, with panoramic views over the city and the Mediterranean

[Book your holiday dialysis treatment in Marseille](#)



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