



Travelling to explore new horizons in 2024

We are thrilled to kick off the 2024 travel year by introducing you to two of our most beloved destinations: [Spain](#) and [Portugal](#). These lively countries not only have great weather but also rich cultures to discover. Get ready to enjoy the sunny Mediterranean, try delicious food, and explore the charm of old cities.

Enjoy the enchanting beauty of Málaga and Palma de Mallorca,



These two amazing places are full of history, culture, and stunning views. In [Málaga](#), you can explore the Alcazaba and Gibralfaro Castle, old forts that tell stories of the city's past. Walk around the charming Historic Centre, where you'll find hidden gems like old buildings, cozy cafes, and lively markets. In [Palma de Mallorca](#), admire the impressive Cathedral of Santa María, also called La Seu, known for its beautiful Gothic architecture and interesting museum. Take a relaxed walk along the lively Paseo Marítimo, enjoying the views of Palma Port and the sea, and try out the many dining and shopping options available.

[Find more clinics in Spain](#)

Discover the tranquil charms of Sintra and Cascais



In [Sintra](#), walk around the old streets and see the ancient Sintra Castle. From there, you can see beautiful views of the green countryside. Sintra is close to Lisbon but feels peaceful and quiet. In [Cascais](#), experience the real feeling of this old fishing village. Taste the fresh seafood at local restaurants, where you can sit outside and enjoy the food, walk along the pretty streets with old buildings and find the historic Forte do Guincho, a fort with a great view of the coastline.

[Find more clinics in Portugal](#)



Don't let dialysis hold you back from exploring the world! Diaverum's d.HOLIDAY programme makes this possible, by providing a seamless holiday dialysis experience. As Diaverum's Global Customer Manager, **Elenor Mårtensson** says, the programme goes beyond offering renal care, empowering patients to experience freedom and a fulfilling life.

[Read the interview](#)



But that's not all! We're eagerly preparing to introduce new top holiday destinations in the Mediterranean to our d.HOLIDAY programme. Keep an eye out for our upcoming newsletter for exciting updates. Your next adventure awaits, and we can't wait to share it with you!

[Book your holiday dialysis treatment via d.HOLIDAY](#)



Life-enhancing renal care

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